

# Welcome to our Lunch Cafe @

Fairfield Elementary Schools

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic local and sustainable agriculture.



1	Cheese Pizza 🍷 Or Pepperoni Pizza 🍷 Sautéed Kale 🍷 Celery Sticks 🍷 Fresh Apple 🍷 Melon Cup 🍷
---	---

- 🌿 VEGETARIAN
- 🌱 MADE WITH ORGANIC INGREDIENTS
- 🍷 MADE WITH ALL NATURAL INGREDIENTS
- 🐷 PORK
- 🌱 VEGAN

Weekly Alternate: Chicken Caesar Salad & Dinner Roll

4	Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> With Whole Wheat Dinner Roll Corn Fresh Baby Carrots 🍷 Fresh Orange 🍷 Applesauce
---	---

5	Stuffed Bread Sticks 🌿 Green Beans Red Pepper Strips 🍷 Fresh Apple 🍷 100% Juice Fruit Punch
---	---

6	Waffles with Sausage <i>light and crispy waffles served with a sausage patty</i> Syrup Tator Tots Fresh Baby Carrots 🍷 Pineapple 🍷 Fresh Banana 🍷
---	---

7	Mac & Cheese <i>pasta in cheese sauce, garnished with parsley</i> 🌿 🍷 Beans Cucumber Coins 🍷 Melon Cup 100% Orange Juice Blend
---	---

8	Cheese Pizza 🍷 Or Meatball Pizza 🍷 Steamed Broccoli Green Pepper Slices 🍷 Fresh Orange 🍷 Blueberries 🍷
---	---

Weekly Alternate: Boar's Head Turkey & American Cheese on a Whole Wheat Wrap

11	Pizza Bites <i>bite size pizza pockets</i> 🌿 Pasta with Sauce 🍷 🍷 Peas Grape Tomatoes Fresh Orange 🍷 Cinnamon Applesauce
----	--

12	Popcorn Chicken <i>breaded chicken bites baked to perfection</i> Brown Rice 🍷 Side of Carrots Green Pepper Slices 🍷 Fresh Apple 🍷 Apple Grape 100% Juice <b>Early Dismissal</b>
----	--

13	Grilled Cheese <i>melted cheese on golden toasted bread</i> 🌿 Steamed Broccoli Red Pepper Strips 🍷 Fresh Banana 🍷 Melon Cup 🍷
----	--

14	Cheeseburger <i>burger topped with cheese on a freshly toasted bun</i> Or Burger <i>burger on a freshly toasted bun</i> Baked Beans Fresh Cucumber Salad 🍷 Fresh Orange 🍷 100% Juice Fruit Punch
----	---

15	Cheese Pizza 🍷 Or Bacon Pizza 🍷 Caesar Salad Roasted Squash Fresh Banana 🍷 Applesauce
----	--

Weekly Alternate: Garden Salad w/ Diced Chicken & Dinner Roll

18	Chicken Wings <i>breaded chicken wings baked to perfection</i> Brown Rice 🍷 Green Beans Fresh Baby Carrots 🍷 Applesauce Fresh Orange 🍷 <b>Just like chicken nuggets!</b>
----	---

19	Baked Pasta with Cheese 🌿 🍷 🍷 Side of Carrots Cucumber Coins 🍷 Fresh Apple 🍷 100% Juice Fruit Punch
----	---

20	French Toast <i>French toast baked to perfection</i> 🌿 Scrambled Eggs Turkey Bacon Baked Potato Wedges With Syrup Fresh Baby Carrots 🍷 Fresh Banana 🍷
----	---

21	BBQ Rib Sandwich <i>BBQ rib patty on a bun</i> Beans Garden Salad 🍷 Fresh Orange 🍷 Apple 100% Juice
----	--

22	Cheese Pizza 🍷 Or Pepperoni Pizza 🍷 Steamed Broccoli Grape Tomatoes Fresh Banana 🍷 Applesauce <b>Early Dismissal</b>
----	--

Weekly Alternate: Boar's Head Ham & American Cheese on a Whole Wheat Wrap



# Winter Break



## SIMPLY ROOTED™ *in food and family*

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



### Lunch Prices

Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00

Lunch Includes: Skim Milk, Low Fat Milk, Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection

Organic Milk	\$1.50
A La Carte Milk	\$0.55

### Daily Alternate Lunch Available:

**Tossed Garden Salad:** Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing

**Bagel Lunch:** Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt

**Available Daily for Teachers:** Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

**All checks must be made payable to: Fairfield Public Schools Lunch**

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.