

# Welcome to our Lunch Cafe at...

## Briarcliff High School

May  
2018

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

1 Philly Cheese Steak 🍷  
Sauteed Onions & Peppers  
Garden Salad  
Fresh Fruit Cup

2 Gyro 🍷  
Steamed Spinach  
Garden Salad  
Fresh Grapes

3 Jamaican Jerk Chicken 🍷  
Beans & Rice  
Garden Salad  
Fresh Mango

4 Chicken Guacamole & Quinoa Bowl 🍷  
Steamed Broccoli  
Garden Salad  
Fresh Fruit Cup



FLAVES

7 Organic Veggie Burrito 🌱  
Baked Plantains Maduros  
Garden Salad  
Fresh Mango

8 Chicken Parmesan Over Pasta 🍷  
Steamed Peas  
Garden Salad  
Berry Cup 🍷

9 Turkey & Cheese Panini 🍷  
Steamed Broccoli  
Garden Salad  
Watermelon Slices

10 Fiesta Chicken Rice Bowl 🍷  
Sweet Corn  
Garden Salad  
Fresh Grapes

11 Bacon, Egg and Cheese Breakfast Sandwich 🍷  
Crispy Tator Tots  
Garden Salad  
Fresh Orange

Middle School  
Pizza Day

14 Roast Beef & Portobello Panini 🍷  
Oven Baked Fries  
Garden Salad  
Fresh Apple

15 Chicken & Vegetable Rice Bowl 🍷  
Garden Salad  
Steamed Carrots  
Fresh Melon Cup

16 Avocado Chicken Melt 🍷  
Garden Salad  
Steamed Peas  
Fresh Grapes

17 St. Louis BBQ Rib Sandwich\*  
Onion Rings  
Garden Salad  
Fresh Fruit Cup

18 Baked Pasta with Cheese 🌱🍷  
Garden Salad  
Berry Cup

21 Nachos with Cheese 🌱  
Baked Plantains Maduros  
Fresh Mango  
Garden Salad

22 Buffalo Chicken Mac & Cheese 🍷  
Steamed Peas  
Garden Salad  
Honeydew and Cantaloupe Cup

23 Homemade Waffles 🌱🍷  
Baked Chicken Tenders  
Crispy Tator Tots  
Garden Salad  
Berry Cup 🍷

24 Chicken Fajita Wrap 🍷  
Garden Salad  
Sweet Corn  
Fresh Orange

25 Bacon Cheeseburger 🍷  
Potato Salad 🍷  
Garden Salad  
Watermelon Slices

FLAVES

28

29 Lo Mein 🍷  
Oriental Vegetable Blend  
Garden Salad  
Fresh Grapes

30 Beef Hot Dog on Bun  
Baked Beans  
Garden Salad  
Fresh Orange

31 Chicken Bowl with Cheese 🍷  
Garden Salad  
Cinnamon & Honey  
Roasted Beans  
Berry Cup

IT'S STUDENT APPRECIATION DAY

WHITSONS  
School Nutrition

We proudly support clean, organic local and sustainable agriculture.

### SIMPLY ROOTED™ in food and family

We offer a variety of balanced choices to satisfy the needs of customers. This is because we are Simply Rooted™ in food and family and we care about our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



If you have a food allergy, please speak to the Director or lead food service server Pre-paid lunch available online @ [www.myschoolbucks.com](http://www.myschoolbucks.com) or in the cafeteria Please make checks payable to Briarcliff Manor School District. If you have any questions about the Lunch Program please call Mary Vanzo, Food Service Director at 488-8208 or email [vanzom@whitsons.com](mailto:vanzom@whitsons.com)

#### Available Daily

- Fresh Deli Bar - Fresh Salad Bar - Fresh Pizza (Cheese & Specialty) - Assorted Organic Fruit and Yogurt Smoothies - Organic Yogurt and Fruit Parfait - Grab and Go Sandwiches and Salads - Fresh Organic Fruit Salad
- Smart Choice Snacks including:**
- Organic Hummus w/ Vegetables or pretzels - Sunbutter with pretzels or Vegetables
- Alternate Daily Hot item:**
- Monday - Cheese Burger - Tuesday - Mozzarella Sticks - Wednesday - Spicy Chicken Patty - Thursday - Pizza Bites - Friday - Chicken

VEGETARIAN @ [www.whitsons.com](http://www.whitsons.com) MADE WITH NATURAL INGREDIENTS P PORK V VEGAN NUGGETS MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.