

# Welcome to our Lunch Cafe at...

## Briarcliff Middle School

# June 2018

**MEATLESS MONDAY**

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH NATURAL INGREDIENTS
- PORK
- VEGAN

				<p>1</p> <p>Gyro </p> <p>Steamed Broccoli</p> <p>Garden Salad</p> <p>Fresh Fruit Cup</p>					
4	<p>Pasta Primavera </p> <p>Mixed Vegetables</p> <p>Garden Salad</p> <p>Fresh Fruit Cup</p>	5	<p>Barbecue Rib Sandwich</p> <p>Steamed Peas</p> <p>Garden Salad</p> <p>Berry Cup </p>	6	<p>Turkey Burger</p> <p>Oven Baked Fries</p> <p>Garden Salad</p> <p>Fresh Fruit Cup</p>	7	<p>Fiesta Chicken Rice Bowl </p> <p>Sweet Corn</p> <p>Garden Salad</p> <p>Fresh Grapes</p>	8	<p>Bacon, Egg and Cheese Breakfast Sandwich </p> <p>Crispy Tator Tots</p> <p>Garden Salad</p> <p>Fresh Orange</p>
11	<p>Meatball Sandwich </p> <p>Steamed Peas</p> <p>Garden Salad</p> <p>Fresh Fruit Cup</p>	12	<p>Fluffy Whole Grain Waffles </p> <p>Crispy Tator Tots</p> <p>Garden Salad</p> <p>Fresh Melon Cup</p>	13	<p>Chicken Nuggets</p> <p>Pasta with Butter </p> <p>Garden Salad</p> <p>Steamed Peas</p> <p>Fresh Grapes</p>	14	<p>St. Louis BBQ Rib Sandwich*</p> <p>Onion Rings</p> <p>Garden Salad</p> <p>Fresh Fruit Cup</p>	<p><b>Middle School Pizza Day</b></p>	
18	<p><b>Chef's Choice</b></p> <p><b>Fresh Vegetable</b></p> <p><b>Fresh Fruit</b></p>	19	<p><b>Chef's Choice</b></p> <p><b>Fresh Vegetable</b></p> <p><b>Fresh Fruit</b></p>	20		21		22	
25		26		27		28		29	



We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non-GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code for more information.



If you have a food allergy, please speak to the Director or lead food service server. Pre-paid lunch available online @ [www.myschoolbucks.com](http://www.myschoolbucks.com) or in the cafeteria. Please make checks payable to Briarcliff Manor School District. If you have any questions about the Lunch Program please call Mary Vanzo, Food Service Director at 488-8208 or email [vanzom@whitsons.com](mailto:vanzom@whitsons.com)

**Available Daily**

- Fresh Deli Bar - Fresh Salad Bar - Fresh Pizza (Cheese & Specialty) - Assorted Organic Fruit and Yogurt Smoothies - Organic Yogurt and Fruit Parfait - Grab and Go Sandwiches and Salads - Fresh Organic Fruit Salad

**Smart Choice Snacks including:**

- Organic Hummus w/ Vegetables or pretzels - Sunbutter with pretzels or Vegetables

**Alternate Daily Hot item:**

- Monday - Cheese Burger - Tuesday - Mozzarella Sticks - Wednesday - Spicy Chicken Patty - Thursday - Pizza Bites - Friday - Chicken Nuggets

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.