

Welcome to our Breakfast Cafe at...

Cohoes City Abram Lansing

December 2018

Monday

Tuesday

Wednesday

Thursday

Friday



<p>3 Cheerios Red. Sugar Trix String Cheese Apple 100% Juice Diced Pear Cup</p> <p>MEATLESS MONDAY</p>	<p>4 Whole Grain Apple Cinnamon Muffin String Cheese 100% Orange Juice Blend Pineapple Cup</p>	<p>5 WW Bagel Lite Cream Cheese 100% Orange Juice Blend Diced Peach Cup</p>	<p>6 Whole Grain Blueberry Muffin String Cheese Apple 100% Juice Mixed Fruit</p>	<p>7 Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers Apple Grape 100% Juice Applesauce</p>
<p>10 Red. Sugar Cocoa Puffs Reduced Sugar Cinnamon Toast Crunch String Cheese 100% Orange Juice Blend Diced Pear Cup</p> <p>MEATLESS MONDAY</p>	<p>11 Whole Grain Chocolate Chip Muffin String Cheese Apple Grape 100% Juice Diced Peach Cup</p>	<p>12 WW Bagel Lite Cream Cheese Apple 100% Juice Diced Pear Cup</p>	<p>13 Whole Grain Chocolate Chip Muffin String Cheese 100% Orange Juice Blend Diced Peach Cup</p>	<p>14 Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers 100% Orange Juice Blend Diced Peach Cup</p>
<p>17 Red. Sugar Trix Red. Sugar Cocoa Puffs String Cheese Apple Grape 100% Juice Applesauce</p> <p>MEATLESS MONDAY</p>	<p>18 Whole Grain Apple Cinnamon Muffin String Cheese 100% Orange Juice Blend Pineapple Cup</p>	<p>19 WW Bagel Lite Cream Cheese Apple 100% Juice Diced Pear Cup</p>	<p>20 Whole Grain Blueberry Muffin String Cheese Apple Grape 100% Juice Mixed Fruit</p>	<p>21 Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers 100% Orange Juice Blend Diced Peach Cup</p>
<p>24 Holiday Recess</p>	<p>25 HOLIDAY JOY</p>	<p>26 Holiday Recess</p>	<p>27 Holiday Recess</p>	<p>28 Holiday Recess</p>

31 Holiday Recess

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



We are Simply Rooted™ in food and family so our menu options are healthy, nutritious, flavorful, and made from wholesome, all natural, organic and non-GMO ingredients, whenever possible. Check us out at www.Whitsons.com or scan the QR code.



Breakfast is Free to all Elementary Students

Available Daily

All meals served with choice of fat free white, 1% white or fat free chocolate milk.

If you have any questions or would like additional information regarding this menu please contact your food service director

Brian Nolan at 237-9100 x 1411

VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.