

Welcome to our Lunch Cafe at...

Ellenville Elementary

January
2019

MEATLESS MONDAY

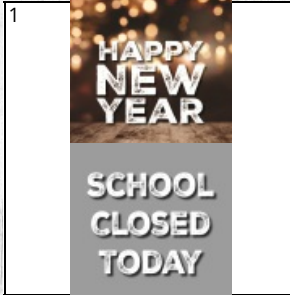
Monday

HARVEST
of the MONTH



MEATLESS MONDAY

Tuesday



Wednesday

2 Barbecue Rib Sandwich
Brown Rice
Green Beans
Cucumber Coins
Fresh Orange
Mixed Fruit

Thursday

3 Cheeseburger
Oven Baked Fries
Steamed Peas
Fresh Baby Carrots
Fresh Banana
Pineapple Chunks

Friday

4 Classic Cheese Pizza
Pepperoni Pizza
Carrot Dippers
Steamed Broccoli
Fresh Banana
Fresh Apple
Pineapple Chunks

7 Peanut Butter Banana & Jelly Dog 🌱🥚
Chicken Nuggets
Fluffy Mashed Potatoes
Sweet Corn
Celery
Dinner Rolls
Pineapple Chunks
Fresh Orange

MEATLESS MONDAY

8 Meatball Sandwich
Sweet Potato Fries
Garden Salad
Steamed Carrots
Fresh Banana
Pineapple

9 Grilled Cheese Sandwich 🌱
Oven Baked Fries
Green Beans
Fresh Baby Carrots
Fresh Apple
Fresh Orange

10 Soft Tacos 🥚
Mild Salsa
Sour Cream
Mexican Style Rice
Sweet Corn
Cucumber Coins
Fresh Banana
Pineapple Chunks

11 Classic Cheese Pizza
Pepperoni Pizza
Garden Salad
Red Pepper Strips
Fresh Banana

14 Whole Grain French Toast 🌱
Syrup
Sausage Patty 🍷
Sweet Corn
Cherry Tomatoes
Mixed Fruit
Fresh Orange

MEATLESS MONDAY

BRUNCH FOR LUNCH TODAY!

15 Beef Hot Dog on Bun
Sweet Potato Fries
Steamed Carrots
Celery
Baked Beans
Fresh Banana
Pineapple Chunks

16 Stuffed Bread 🌱
Tomato Sauce Dip 🥚
Green Beans
Fresh Baby Carrots
Fresh Orange
Diced Peaches

17 BBQ Chicken Sandwich
Oven Baked Fries
Cucumber Coins
Celery
Fresh Apple
Fresh Banana
Mixed Fruit

18 Classic Cheese Pizza
Pepperoni Pizza
Romaine Lettuce
Steamed Broccoli
Fresh Banana



MEATLESS MONDAY

22 Mozzarella Sticks 🌱
Tomato Sauce Dip
Sweet Potato Fries
Steamed Carrots
Cucumber Coins
Fresh Banana
Mixed Fruit
Diced Peaches

23 Homemade Mac & Cheese 🌱🥚
Green Beans
Carrot Sticks
Mixed Fruit
Fresh Apple
Fresh Orange
Pineapple Chunks

24 Cheesy Chicken Sandwich
Baked Beans
Steamed Peas
Fresh Baby Carrots
Fresh Apple
Fresh Orange
Fresh Banana

25 Classic Cheese Pizza
Pepperoni Pizza
Garden Salad
Steamed Broccoli
Fresh Banana

28 Peanut Butter Banana & Jelly Dog 🌱🥚
Chicken Nuggets
Oven Baked Fries
Sweet Corn
Celery
Dinner Rolls
Fresh Orange

MEATLESS MONDAY

29 Sloppy Joe on a Bun 🥚
Sweet Potato Fries
Steamed Carrots
Mixed Fruit
Fresh Orange
Fresh Apple

30 Stuffed Bread 🌱
Tomato Sauce Dip
Green Beans
Fresh Baby Carrots
Fresh Orange
Fresh Banana

31 Grilled Cheese Sandwich 🌱
Oven Baked Fries
Steamed Peas
Fresh Baby Carrots
Fresh Apple
Fresh Orange
Fresh Banana



Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Our Simply Rooted™ food philosophy and sustainability platform is based on delivering wholesome, all-natural meals to everyone's table, while giving back to the environment.



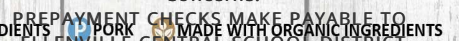
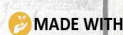
LUNCH PRICES

Full Pay- \$1.80
Reduced- \$.25
Adult- \$4.00

Prepaid available online at www.myschoolbucks.com or in the Cafeteria by cash or check to ELLENVILLE CSD

Available Daily

Grab And Go Sandwiches on Whole Grain Bread to Include: Turkey and Cheese, Ham, and Cheese, Turkey Bologna and Cheese, Low Fat American Cheese or Peanut Butter and Jelly.
Salads meals include Tossed Greens with Cheese, with Tuna or Chef Salad with 2 Whole Grain dinner rolls
Fresh Fruit and Canned Fruit options
Fat Free Chocolate Milk, 1% White Milk and Skim Milk Assorted Fruit Juices
Contact FSD Bill Beadle at 647-0103 with Questions or Concerns.



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.