

Welcome to our Lunch Cafe @

Ellenville Elementary

October 2017

Monday

Tuesday

Wednesday

Thursday




Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

<p>2 Chicken Nuggets Mashed Potatoes Corn Applesauce Diced Peaches Fresh Orange</p>	<p>3 Grilled Cheese Sweet Potato Fries Glazed Carrots Mixed Fruit Pineapple Chunks Fresh Apple</p>	<p>4 Beef Hot Dog on Bun Oven Baked Fries Green Beans Grape Tomatoes Fresh Apple Fresh Orange Diced Peaches</p>	<p>5 Mozzarella Sticks Brown Rice Peas Celery Fresh Banana Mixed Fruit Pineapple Chunks</p>	<p>6 Cheese Pizza Broccoli Florets Side Salad Apple Slices Diced Peach Cup</p>
<p>9  COLUMBUS DAY</p>	<p>10 Cheeseburger Sweet Potato Fries Side of Carrots Grape Tomatoes Fresh Apple</p>	<p>11 Soft Taco Brown Rice Green Beans Red Pepper Strips Apple Slices Fresh Orange</p>	<p>12 Pancakes & Sausage Syrup Peas Pear Mixed Fruit </p>	<p>13 Cheese Pizza Broccoli Florets Side Salad Apple Slices Diced Peach Cup Melon Cup</p>
<p>16 Popcorn Chicken Tator Tots Corn Applesauce Fresh Orange Melon Cup</p>	<p>17 Stuffed Bread Sticks Spaghetti Sauce Sweet Potato Fries Glazed Carrots Pineapple Chunks Fresh Apple</p>	<p>18 Sloppy Joe on a Bun Oven Baked Fries Green Beans Grape Tomatoes Fresh Orange Diced Peaches Fresh Apple</p>	<p>19 Nachos Grande Brown Rice Chickpea Salad Steamed Spinach Pear Fresh Apple</p>	<p>20 Cheese Pizza Broccoli Florets Side Garden Salad Applesauce Fresh Banana Melon Cup</p>
<p>23 Chicken Nuggets Mashed Potatoes Corn Baby Carrots Pineapple Chunks Fresh Orange</p>	<p>24 Grilled Cheese Sweet Potato Fries Side of Carrots Mixed Fruit Fresh Orange</p>	<p>25 Superintendents Conference Day No School For Students</p>	<p>26 Smokehouse Chicken Sandwich* Baked Beans Steamed Spinach Fresh Banana Mixed Fruit Chickpea Salad Pear</p>	<p>27 Cheese Pizza Broccoli Florets Side Garden Salad Melon Cup</p>
<p>30 Popcorn Chicken Brown Rice Corn Mixed Fruit Fresh Apple</p>	<p>31 Meatball Parmesan Sandwich Sweet Potato Fries Glazed Carrots Fresh Orange Diced Peaches</p>			

SIMPLY ROOTED™
in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



LUNCH PRICES

Full Pay-\$1.70
Reduced-\$2.50
Adult-\$4.00

Prepaid Available Online At

www.myschoolbucks.com
or in the Cafeteria with Cash or Check please make CHECK to ELLENVILLE CSD

Available Daily

We offer Breakfast Daily from 8:30 to 9:00AM Lunch includes an Entree, Vegetable, Fruit, Juice and Milk (1%, Skim or FF Chocolate). Garden salad w/ Turkey, Cheese and Egg, Tuna Salad, or Chef Salad available daily. Sandwiches include Cheese Sandwich, Turkey and Cheese Salad, Ham and Cheese Sandwich, Bologna and Cheese Sandwich or Peanut Butter and Jelly Sandwich all offered on -whole grain bread or rolls.-

Contact FSD Bill Beadle at 845-647-0103 with questions or concerns

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.