

Welcome to our Lunch Cafe @ Ellenville Elementary

September 2017

Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

CLOSED FOR SUPT CONFERENCE DAY



4 CLOSED FOR LABOR DAY

5 Cheeseburger
Sweet Potato Fries
Side of Carrots
Grape Tomatoes
Fresh Apple
Watermelon

6 Soft Taco
Brown Rice
Green Beans
Red Pepper Strips
Apple Slices
Fresh Orange

7 Pancakes & Sausage
Syrup
Peas
Pear
Mixed Fruit

8 Cheese Pizza
Broccoli Florets Side Salad
Apple Slices
Diced Peach Cup
Melon Cup

11 Popcorn Chicken
Tator Tots
Corn
Applesauce
Fresh Orange
Melon Cup

12 Stuffed Bread Sticks
Spaghetti Sauce
Sweet Potato Fries
Glazed Carrots
Pineapple Chunks
Fresh Apple

13 Beef Hot Dog on Bun
Green Beans
Turkey & Cheese Sandwich
Grape Tomatoes
Fresh Apple
Baked Beans
Melon Cup

14 Nachos Grande
Brown Rice
Chickpea Salad
Steamed Spinach
Pear
Fresh Apple

15 Cheese Pizza
Broccoli Florets
Side Garden Salad Applesauce
Banana
Melon Cup

18 Chicken Nuggets
Mashed Potatoes
Corn
Baby Carrots
Pineapple Chunks
Fresh Orange

19 Grilled Cheese
Sweet Potato Fries
Side of Carrots
Mixed Fruit
Fresh Orange

20 Pasta & Meatballs
Garlic Bread
Green Beans
Red Pepper Strips
Mixed Fruit

21 Crispy Chicken Sandwich
Baked Beans
Peas
Fresh Orange
Banana
Pineapple Chunks

22 Cheese Pizza
Garden Salad
Steamed Broccoli
Diced Peaches
Mixed Fruit
Cinnamon Applesauce

25 Popcorn Chicken
Brown Rice
Corn
Mixed Fruit
Fresh Apple

26 Meatball Parmesan Sandwich
Sweet Potato Fries
Glazed Carrots
Fresh Orange
Diced Peaches

27 Cheeseburger
Oven Baked Fries
Green Beans
Red Pepper Strips
Fresh Apple
Mixed Fruit

28 Chicken Parmesan Over Pasta
Pasta with Butter
Peas
Diced Pears
Fresh Orange
Banana

29 Cheese Pizza
Side Garden Salad
Steamed Broccoli
Banana
Cinnamon Applesauce
Diced Peaches

At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more about nutrition related to athletics, visit us at www.Whitsons.com



or scan our QR code to see all that we are doing to keep our young customers healthy!



LUNCH PRICES

Full Pay-\$1.70

Reduced-\$.25

Adult-\$4.00

Prepaid Available

Online At

www.myschoolbucks.com

or in the Cafeteria

with Cash or Check

please make CHECK

to ELLENVILLE CSD

Available Daily

We offer Breakfast Daily from 8:30 to 9:00AM Lunch includes an Entree, Vegetable, Fruit, Juice and Milk (1%, Skim or FF Chocolate). Garden salad w/ Turkey, Cheese and Egg, Tuna Salad, or Chef Salad available daily. Sandwiches include Cheese Sandwich, Turkey and Cheese Salad, Ham and Cheese Sandwich, Bologna and Cheese Sandwich or Peanut Butter and Jelly Sandwich all offered on -whole grain bread or rolls.-

Contact FSD Bill Beadle at 845-647-0103 with questions or concerns

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.