

Welcome to our Lunch Cafe at...

Fairfield Elementary Schools

June 2018

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH NATURAL INGREDIENTS
- PORK
- VEGAN

Weekly Alternate: Chicken Pattv on a Whole Grain Roll

4 Stuffed Bread Sticks
With Spaghetti Sauce
Steamed Carrots
Broccoli Bites
Fresh Apple
Fresh Orange

National Cheese Day!

5 Burger
Or Cheeseburger
Baked Beans
Grape Tomato
100% Juice Fruit Punch
Fresh Banana

6 Whole Grain French Toast Slices
Crispy Sausage Links
Crispy Tator Tots
Red Pepper Strips
Fresh Apple
Sliced Oranges

IT'S BRUNCH FOR LUNCH!

7 Beef Hot Dog on Bun
juicy beef hot dog on a soft bun
Glazed Carrots
Cucumber Coins
Applesauce
100% Orange Juice Blend

8 Cheese Pizza
Or Crispy Bacon Pizza
Squash Medley
Celery Sticks
Fresh Banana
Fresh Apple

Weekly Alternate: Cheese Quesadilla on a Whole Grain Wrap

11 Stuffed Bread Sticks
With Spaghetti Sauce
Glazed Carrots
Broccoli Bites
Applesauce
Sliced Oranges

12 Crispy Popcorn Chicken
crispy breaded chicken bites baked to perfection
Oven Baked Fries
Red Pepper Strips
Fresh Banana
Apple Cherry 100% Juice

13 Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese sauce
Black Beans
Cucumber Coins
Applesauce
Sliced Oranges

14 Burger
Or Cheeseburger
Sweet Corn
Lemon Marinated Carrots
Fresh Apple
100% Juice Fruit Punch

15 Cheese Pizza
Or Sausage Pizza
Garden Salad
Celery Sticks
Applesauce
Fresh Banana

Organic Sausage!

Weekly Alternate Boar's Head Ham & Cheese on Whole Grain

18 Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce
With Spaghetti Sauce
Oven Baked Fries
Broccoli Bites
Sliced Oranges
Fresh Apple

19 Organic Veggie Burrito
Glazed Carrots
Red Pepper Strips
100% Orange Juice Blend
Cinnamon Applesauce

Organic Burrito!

20 Steamed Carrots
Cucumber Coins
Fresh Banana
Fresh Orange

Chef's Choice!

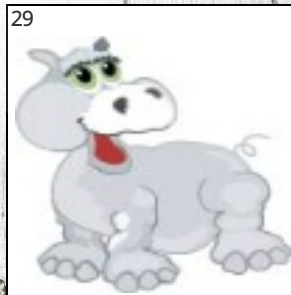
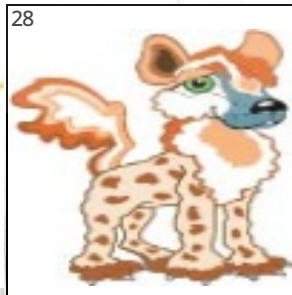
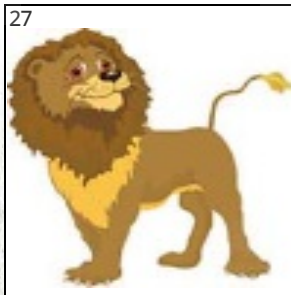
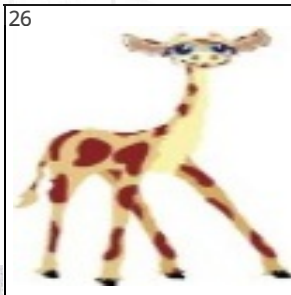
21 Sweet Corn
Grape Tomato
100% Juice Fruit Punch
Fresh Apple

Chef's Choice!

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Enjoy Your Summer!

Weekly Alternate: Chicken Pattv on a Whole Grain Roll



We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non-GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com or scan our QR code for more information.



Lunch Prices	
Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00
Lunch Includes: Skim Milk, Low Fat Milk, Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection	
Organic Milk	\$1.50
A La Carte Milk:	\$0.55

Daily Alternate Lunch Available:

- Tossed Garden Salad:** Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing
- Bagel Lunch:** Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt
- Available Daily for Teachers:** Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

All checks must be made payable to: Fairfield Public Schools Lunch

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.