

Welcome to our Lunch Cafe at...

Fairfield Elementary Schools

June 2019

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST of the MONTH



Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



<http://www.ctsummerfood.org/location-finder>



<p>3 Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce</i></p> <p>Tomato Sauce Dip Sweet Corn Steamed Broccoli Fresh Orange Fresh Apple</p>	<p>4 Crispy Tacos <i>homemade spicy taco meat inside a crispy taco shell topped with cheese</i></p> <p>Brown Rice Fresh Baby Carrots Cucumber Coins Fresh Orange 100% Juice Fruit Punch</p>	<p>5 Whole Grain French Toast <i>slices of French toast baked to perfection</i></p> <p>Turkey Sausage Patty Syrup Red Pepper Strips Celery Sticks Fresh Melon Cup Fresh Banana</p>	<p>6 Cheesy Stuffed Bread Sticks <i>baked bread sticks filled with melted cheese</i></p> <p>Tomato Sauce Dip Black Beans Mixed Vegetables Fresh Apple 100% Juice Fruit Punch</p>	<p>7 Classic Cheese Pizza <i>whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese</i></p> <p>Or Chicken Pizza Garden Salad Celery Sticks Fresh Banana Fresh Apple</p>
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MEATLESS MONDAY

Weekly Alternate: Breaded Chicken Chunks

<p>10 Veggie Burger Whole Wheat Hamburger Bun Crispy Potato Puffs Cucumber Coins Fresh Orange Fresh Apple</p>	<p>11 Chicken Delight Wrap <i>chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i></p> <p>Carrot Dippers Grape Tomatoes Fresh Banana 100% Juice Fruit Punch</p>	<p>12 Chicken and Waffles <i>crispy chicken tenders on top of fluffy waffles</i></p> <p>Red Pepper Strips Celery Sticks Fresh Orange Fresh Apple</p>	<p>13 Crispy Popcorn Chicken <i>crispy breaded chicken bites baked to perfection</i></p> <p>Whole Wheat Dinner Roll Black Beans Red Pepper Strips Fresh Apple 100% Juice Fruit Punch</p>	<p>14 Classic Cheese Pizza Broccoli Grape Tomatoes Fresh Orange Fresh Apple</p>
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MEATLESS MONDAY

Weekly Alternate: Cheese Pizza

Have a Great Summer!



MEATLESS MONDAY

Our back to basics approach has enabled us to get to the heart of what matters to our student customers when it comes to food. Serving wholesome great tasting food, and teaching students about food and nutrition, sets the stage for them to enjoy more enriching educational experiences around the foods they eat.



Lunch Prices

Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00

Lunch Includes: Skim Milk, Low Fat Milk, Fat Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection

Organic Milk \$1.50
A La Carte Milk: \$0.55

Daily Alternate Lunch Available:

Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing

Bagel Lunch: Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt

Available Daily for Teachers: Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

All checks must be made payable to: Fairfield Public Schools Lunch

VEGETARIAN
 MADE WITH NATURAL INGREDIENTS
 PORK
 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.