

Welcome to our Lunch Cafe @ Fairfield Burr Elementary

September 2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

Weekly Alternate: Garden Salad w/ Diced Chicken & 2 Whole Wheat Dinner Rolls

1	Cheese Pizza Or Pepperoni Pizza Steamed Broccoli Celery Sticks Strawberries Fresh Apple
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4	Labor Day No School
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5	Cheeseburger Or Burger Baked Potato Wedges Grape Tomatoes Applesauce 100% Juice Fruit Punch
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6	Pancakes With Syrup And Sausage Links Tator Tots Fresh Baby Carrots Fresh Apple Fresh Banana
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7	Mac & Cheese Beans Cucumber Coins Melon Cup 100% Orange Juice Blend
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8	Cheese Pizza Or Broccoli Pizza Squash Medley Caesar Salad Blueberries Fresh Banana
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Weekly Alternate: Boar's Head Turkey & American Cheese on a Whole Wheat Wrap

11	Mozzarella Sticks Peas Grape Tomatoes Fresh Orange Cinnamon Applesauce
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12	Nachos Grande Corn Carrot Dippers Fresh Apple Apple Grape 100% Juice
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13	Grilled Cheese Steamed Broccoli Red Pepper Strips Fresh Banana Melon Cup
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14	Beef Hot Dog on Bun Baked Beans Fresh Cucumber Salad Fresh Orange 100% Juice Fruit Punch
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15	Cheese Pizza Or Chicken Pizza Steamed Spinach Celery Sticks Fresh Apple Fresh Strawberries
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Weekly Alternate: Chicken Caesar Salad

18	Crispy Chicken Sandwich Baked Potato Wedges Carrot Dippers Applesauce Fresh Orange
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19	Pasta & Meatballs Side of Carrots Cucumber Coins Fresh Apple 100% Juice Fruit Punch
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20	Waffles with Sausage Syrup Tator Tots Fresh Baby Carrots Blueberries Fresh Banana
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21	Rosh Hashanah No School
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22	Cheese Pizza Or Spinach Pizza Squash Medley Garden Salad Melon Cup Apple 100% Juice
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Weekly Alternate: Boar's Head Ham & American Cheese on a Whole Wheat Wrap

25	Lasagna Rollup Whole Wheat Dinner Roll Peas Celery Sticks Fresh Apple Sliced Oranges
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26	Boneless Chicken Wings Corn Tomato Salad Melon Cup Apple Cherry 100% Juice
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27	Graham Cracker Parfait Oven Baked Fries Red Pepper Strips Fresh Banana Applesauce
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28	Cheese Quesadilla Beans Celery Sticks Fresh Apple 100% Orange Juice Blend
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29	Cheese Pizza Or Meatball Pizza Steamed Broccoli Cucumber Coins Fresh Orange Fresh Red Grapes
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Weekly Alternate: Crudite Platter w/ Fresh Vegetables, Low Fat String Cheese & a Whole Wheat Dinner Roll

At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more about nutrition related to athletics, visit us at www.Whitsons.com



or scan our QR code to see all that we are doing to keep our young customers healthy!



Lunch Prices	
Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00

Lunch Includes: Skim Milk, Low Fat Milk, Fat Free Chocolate Milk or Lactose Free Milk (Organic Milk \$1.50)
Fresh Seasonal Fruit and Fresh Vegetables Selection

All checks must be made payable to:
Fairfield Public Schools Lunch

Daily Alternate Lunch Available:
Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing
Bagel Lunch: Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt
Available Daily for Teachers: Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.