

Welcome to our Breakfast Cafe @

Mckinley Elementary School

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN

1 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Honey Graham Belly Bears
Applesauce
Fresh Banana
Low Fat Milk
Skim Milk

4 Chocolate Chip Muffin
Or Red. Sugar Cinnamon Toast Crunch
With Honey Graham Belly Bears
Melon Cup
Fresh Orange
Low Fat Milk
Skim Milk

5 Banana Muffin
Or Red. Sugar Frosted Flakes
With Honey Graham Belly Bears
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

6 Apple Cinnamon Muffin
Or Cinnamon Frosted Flakes
With Honey Graham Belly Bears
Fresh Apple
Strawberries
Low Fat Milk
Skim Milk

7 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Honey Graham Belly Bears
Applesauce
Fresh Banana
Low Fat Milk
Skim Milk

8 Chocolate Chip Muffin
Or Red. Sugar Cinnamon Toast Crunch
With Honey Graham Belly Bears
Melon Cup
Fresh Orange
Low Fat Milk
Skim Milk

11 Banana Muffin
Or Red. Sugar Frosted Flakes
With Honey Graham Belly Bears
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

12 Apple Cinnamon Muffin
Or Cinnamon Frosted Flakes
With Honey Graham Belly Bears
Fresh Apple
Strawberries
Low Fat Milk
Skim Milk

13 Chocolate Chip Muffin
Or Red. Sugar Cinnamon Toast Crunch
With Honey Graham Belly Bears
Melon Cup
Fresh Orange
Low Fat Milk
Skim Milk

14 Blueberry Muffin
Or Cheerios
With Honey Graham Belly Bears
Fresh Apple
Fresh Banana
Low Fat Milk
Skim Milk

15 Banana Muffin
Or Rice Krispies
With Honey Graham Belly Bears
Applesauce
Strawberries
Low Fat Milk
Skim Milk

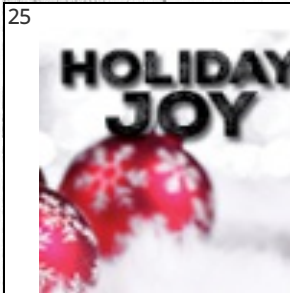
18 Apple Cinnamon Muffin
Or Red. Sugar Frosted Flakes
With Honey Graham Belly Bears
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

19 Chocolate Chip Muffin
Or Cinnamon Frosted Flakes
With Honey Graham Belly Bears
Fresh Apple
Strawberries
Low Fat Milk
Skim Milk

20 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Honey Graham Belly Bears
Applesauce
Fresh Banana
Low Fat Milk
Skim Milk

21 Banana Muffin
Or Red. Sugar Frosted Flakes
With Honey Graham Belly Bears
Melon Cup
Fresh Banana
Low Fat Milk
Skim Milk

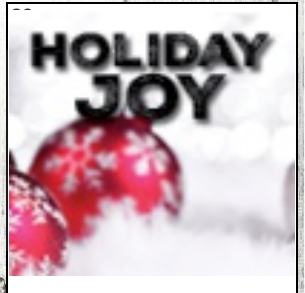
22 Apple Cinnamon Muffin
Or Red. Sugar Frosted Flakes
With Honey Graham Belly Bears
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk



26

27

28



Winter Break

SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh fruit, cupped fruit, 100% fruit juice, and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios

Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip

Whole Wheat Bagel w/ Low Fat Cream Cheese Available Daily

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.