

# Welcome to our Breakfast Cafe at...

Mckinley Elementary School

December 2018

Monday
































Tuesday

Wednesday

Thursday

Friday



<p>3 Whole Grain Chocolate Chip Muffin  Or Rice Krispies  With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>	<p>4 Whole Grain Banana Crumb Muffin  Apple Cinnamon Cheerios  With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p>5 Whole Grain Apple Cinnamon Crumb Muffin  Or Rice Krispies  With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>	<p>6 Whole Grain Chocolate Chip Muffin  Or Red. Sugar Frosted Flakes  With Whole Grain Honey Bear Graham Crackers Fresh Melon Cup Fresh Orange 100% Orange Juice Blend</p>	<p>7 Whole Grain Blueberry Muffin  Or Red. Sugar Cocoa Puffs  With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>
<p>10 Whole Grain Banana Crumb Muffin  Or Cheerios  With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup 100% Orange Juice Blend</p>	<p>11 Whole Grain Banana Crumb Muffin  Or Rice Krispies  With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>	<p>12 Whole Grain Chocolate Chip Muffin  Cheerios  With Whole Grain Honey Bear Graham Crackers Fresh Melon Cup Fresh Orange 100% Orange Juice Blend</p>	<p>13 Whole Grain Chocolate Chip Muffin  Or Red. Sugar Cocoa Puffs  With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>	<p>14 Whole Grain Apple Cinnamon Crumb Muffin  Or Cinnamon Frosted Flakes  With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p>
<p>17 Whole Grain Apple Cinnamon Crumb Muffin  Or Rice Krispies  With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>	<p>18 Whole Grain Chocolate Chip Muffin  Or Cinnamon Frosted Flakes  With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p>19 Whole Grain Blueberry Muffin  Or Red. Sugar Cocoa Puffs  With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>	<p>20 Whole Grain Banana Crumb Muffin  Or Cheerios  With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p>21 Whole Grain Chocolate Chip Muffin  Or Rice Krispies  With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>
<p>24 SCHOOL CLOSED TODAY</p>	<p>25 HOLIDAY JOY </p>	<p>26 SCHOOL CLOSED TODAY</p>	<p>27 SCHOOL CLOSED TODAY</p>	<p>28 SCHOOL CLOSED TODAY</p>

31 SCHOOL CLOSED TODAY

## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



We are Simply Rooted™ in food and family so our menu options are healthy, nutritious, flavorful, and made from wholesome, all natural, organic and non-GMO ingredients, whenever possible. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan the QR code.



### Breakfast Prices

Regular: \$1.50  
Reduced: \$0.30

All breakfast choices include a variety of fresh fruit, cupped fruit, 100% fruit juice, and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios

Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip  
Whole Wheat Bagel w/ Low Fat Cream Cheese Available Daily

Assorted 100% Fruit Juices Available: Apple Juice, Fruit Punch, Orange Juice, Apple Grape Juice, Apple Cherry Juice



VEGETARIAN



MADE WITH NATURAL INGREDIENTS



PORK



MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.