

Welcome to our Breakfast Cafe at...

Mckinley Elementary School

February 2019

Monday

Tuesday


Wednesday

Thursday

Friday

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



<p>4 Whole Grain Blueberry Muffin ✓ Or Red. Sugar Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend</p>	<p>5 Whole Grain Banana Crumb Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Melon Cup 100% Orange Juice Blend</p>	<p>6 Whole Grain Chocolate Chip Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Strawberries 100% Orange Juice Blend</p>	<p>7 Whole Grain Blueberry Muffin ✓ Or Rice Krispies ✓ With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend</p>	<p>1 Whole Grain Chocolate Chip Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>
<p>11 Whole Grain Apple Cinnamon Crumb Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Pineapple Cup 100% Orange Juice Blend</p>	<p>12 Whole Grain Blueberry Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Strawberries 100% Orange Juice Blend</p>	<p>13 Whole Grain Chocolate Chip Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Bear Graham Crackers Apple Slices Fresh Orange 100% Orange Juice Blend</p>	<p>14 Whole Grain Chocolate Chip Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p> <p style="text-align: center;">❤️ ❤️ ❤️</p>	<p style="text-align: center; background-color: #cccccc; padding: 20px;">SCHOOL CLOSED TODAY</p>
<p>18 PRESIDENT'S DAY</p> 	<p>19 Whole Grain Banana Crumb Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Mixed Berry Cup 100% Orange Juice Blend</p>	<p>20 Whole Grain Chocolate Chip Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>	<p>21 Whole Grain Apple Cinnamon Crumb Muffin ✓ Or Rice Krispies ✓ With Whole Grain Honey Bear Graham Crackers Strawberry Cup Fresh Banana 100% Orange Juice Blend</p>	<p>22 Whole Grain Blueberry Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Orange 100% Orange Juice Blend</p>
<p>25 Whole Grain Chocolate Chip Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend</p>	<p>26 Whole Grain Banana Crumb Muffin ✓ Or Rice Krispies ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Mixed Berry Cup 100% Orange Juice Blend</p>	<p>27 Whole Grain Apple Cinnamon Crumb Muffin ✓ Or Red. Sugar Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend</p>	<p>28 Whole Grain Chocolate Chip Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Strawberry Cup Applesauce 100% Orange Juice Blend</p>	

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh fruit, cupped fruit, 100% fruit juice, and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios
Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip
Whole Wheat Bagel w/ Low Fat Cream Cheese Available Daily

VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.