

Welcome to our Breakfast Cafe @

Fairfield Elementary Schools

March
2017

Monday

Tuesday

Wednesday

Thursday

Friday

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



6 Cinnamon Frosted Flakes
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Banana
Empire Apple
1% Milk
Skim Milk

7 Cheerios
Bagel & Lite Cream Cheese ✓
Chocolate Chip Muffin ✓
Fresh Apple
Banana
1% Milk
Skim Milk

8 Rice Krispies
Bagel & Lite Cream Cheese ✓
Apple Cinnamon Muffin
Fresh Orange
Banana
1% Milk
Skim Milk

9 Red. Sugar Frosted Flakes ✓
Bagel & Lite Cream Cheese ✓
Chocolate Chip Muffin ✓
Fresh Apple
Banana
1% Milk
Skim Milk

10 Cheerios
Bagel & Lite Cream Cheese ✓
Apple Cinnamon Muffin
Diced Pears
Banana
1% Milk
Skim Milk

National School Breakfast Week

13 Cinnamon Frosted Flakes
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Applesauce
Banana
1% Milk
Skim Milk

14 Cheerios
Bagel & Lite Cream Cheese ✓
Banana Muffin ✓
Banana
Fresh Orange
1% Milk
Skim Milk

15 Rice Krispies
Bagel & Lite Cream Cheese ✓
Apple Cinnamon Muffin
Banana
Fresh Apple
1% Milk
Skim Milk

16 Red. Sugar Frosted Flakes ✓
Bagel & Lite Cream Cheese ✓
Chocolate Chip Muffin ✓
Banana
Fresh Orange
1% Milk
Skim Milk

17 Cheerios
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Banana
Fresh Apple
1% Milk
Skim Milk

20 Cinnamon Frosted Flakes
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Applesauce
Fresh Orange
1% Milk
Skim Milk

21 Cheerios
Bagel & Lite Cream Cheese ✓
Banana Muffin ✓
Fresh Orange
Fresh Apple
1% Milk
Skim Milk

22 Rice Krispies
Bagel & Lite Cream Cheese ✓
Chocolate Chip Muffin ✓
Banana
Fresh Orange
1% Milk
Skim Milk

23 Cheerios
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Fresh Apple
Banana
1% Milk
Skim Milk

24 Rice Krispies
Chocolate Chip Muffin ✓
Bagel & Lite Cream Cheese ✓
Banana
Fresh Orange
Skim Milk
1% Milk

27 Rice Krispies
Apple Cinnamon Muffin
Bagel & Lite Cream Cheese ✓
Fresh Apple
Banana
1% Milk
Skim Milk

28 Red. Sugar Frosted Flakes ✓
Chocolate Chip Muffin ✓
Bagel & Lite Cream Cheese ✓
Applesauce
Fresh Orange
1% Milk
Skim Milk

29 Cheerios
Bagel & Lite Cream Cheese ✓
Banana Muffin ✓
Banana
Fresh Apple
1% Milk
Skim Milk

30 Cinnamon Frosted Flakes
Bagel & Lite Cream Cheese ✓
Blueberry Muffin ✓
Banana
Fresh Apple
1% Milk
Skim Milk

31 Rice Krispies
Bagel & Lite Cream Cheese ✓
Apple Cinnamon Muffin
Fresh Orange
Banana
Skim Milk
1% Milk

We purchase locally harvested produce whenever it's seasonally available, but we also take special care to make sure the rest of our produce is flash frozen within hours of harvesting. Flash freezing seals the vitamins and nutrients in, so our produce is loaded with nutritional



goodness. Our partners at Endico use mobile facilities that flash freeze produce right on the farm. Follow our QR code to learn more.



Breakfast Prices:

\$1.50 Full Price
\$0.30 Reduced Price

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.