

Welcome to our Breakfast Cafe at...

Mckinley Elementary School

April
2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Blueberry Muffin Or Red. Sugar Frosted Flakes With Whole Grain Honey Bear Graham Crackers Strawberry Cup Fresh Banana Apple 100% Juice	2 Whole Grain Banana Crumb Muffin Or Apple Cinnamon Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange 100% Juice Fruit Punch	3 Whole Grain Chocolate Chip Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Mixed Berry Cup Applesauce 100% Orange Juice Blend	4 Whole Grain Apple Cinnamon Crumb Muffin Or Reduced Sugar Cinnamon Toast Crunch With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange Apple Grape 100% Juice	5 Whole Grain Blueberry Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Strawberry Cup Fresh Banana
8 Whole Grain Banana Crumb Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Banana 100% Orange Juice Blend	9 Whole Grain Apple Cinnamon Crumb Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce Apple Cherry 100% Juice	10 Whole Grain Chocolate Chip Muffin Apple Cinnamon Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Orange Apple Grape 100% Juice	11 Whole Grain Blueberry Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Applesauce Strawberry Cup 100% Juice Fruit Punch	12 Whole Grain Apple Cinnamon Crumb Muffin Or Cinnamon Frosted Flakes With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana

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SCHOOL CLOSED TODAY



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22 Whole Grain Banana Crumb Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Banana Apple 100% Juice	23 Whole Grain Blueberry Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce Apple Grape 100% Juice	24 Whole Grain Chocolate Chip Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Orange 100% Juice Fruit Punch	25 Whole Grain Banana Crumb Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana 100% Orange Juice Blend	26 Whole Grain Apple Cinnamon Crumb Muffin Or Cinnamon Frosted Flakes With Whole Grain Honey Bear Graham Crackers Fresh Apple
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29 Whole Grain Blueberry Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce Apple Cherry 100% Juice
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30 Whole Grain Chocolate Chip Muffin Or Cinnamon Frosted Flakes With Whole Grain Honey Bear Graham Crackers Fresh Banana Apple Grape 100% Juice
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FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh fruit, cupped fruit, 100% fruit juice, and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios
Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip
Whole Wheat Bagel w/ Low Fat Cream Cheese Available Daily
Assorted 100% Fruit Juices Available: Apple Juice, Fruit Punch, Orange Juice, Apple Grape Juice, Apple Cherry Juice

At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more visit us at www.Whitsons.com or scan our QR code to see all that we are doing to keep our young customers healthy!



VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.