

Welcome to our Breakfast Cafe @

Mckinley Elementary School

June 2018

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN

1 Whole Grain Blueberry Muffin
 Or Red. Sugar Cocoa Puffs
 With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana
 100% Orange Juice Blend

4 Whole Grain Apple Cinnamon Muffin
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana
 100% Orange Juice Blend

5 Whole Grain Banana Muffin
 Or Rice Krispies
 With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce
 100% Orange Juice Blend

6 Whole Grain Chocolate Chip Muffin
 Or Red. Sugar Frosted Flakes
 With Whole Grain Honey Bear Graham Crackers Fresh Melon Cup Fresh Orange
 100% Orange Juice Blend

7 Whole Grain Blueberry Muffin
 Or Red. Sugar Cocoa Puffs
 With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana
 100% Orange Juice Blend

8 Whole Grain Apple Cinnamon Muffin
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana
 100% Orange Juice Blend

11 Whole Grain Banana Muffin
 Or Rice Krispies
 With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce
 100% Orange Juice Blend

12 Whole Grain Apple Cinnamon Muffin
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana
 100% Orange Juice Blend

13 Whole Grain Chocolate Chip Muffin
 Or Reduced Sugar Cinnamon Toast Crunch
 With Whole Grain Honey Bear Graham Crackers Fresh Melon Cup Fresh Orange
 100% Orange Juice Blend

14 Whole Grain Blueberry Muffin
 Or Cheerios
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana
 100% Orange Juice Blend

15 Whole Grain Banana Muffin
 Or Rice Krispies
 With Whole Grain Honey Bear Graham Crackers Fresh Orange Applesauce
 100% Orange Juice Blend

18 Whole Grain Apple Cinnamon Muffin
 Or Cheerios
 With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup
 100% Orange Juice Blend

19 Whole Grain Chocolate Chip Muffin
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange
 100% Orange Juice Blend

20 Whole Grain Blueberry Muffin
 Or Red. Sugar Cocoa Puffs
 With Whole Grain Honey Bear Graham Crackers Applesauce Fresh Banana
 100% Orange Juice Blend

21 Whole Grain Apple Cinnamon Muffin
 Or Cheerios
 With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Melon Cup
 100% Orange Juice Blend

Enjoy Your Summer!



We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non-GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com or scan our QR code for more information.



Breakfast Prices

Regular: \$1.50
 Reduced: \$0.30

All breakfast choices include a variety of fresh fruit, cupped fruit, 100% fruit juice, and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios
Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip
Whole Wheat Bagel w/ Low Fat Cream Cheese Available Daily
Assorted 100% Fruit Juices Available: Apple Juice, Fruit

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.