

Welcome to our Breakfast Cafe @

Fairfield High Schools

March 2018

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

- VEGETARIAN**
- MADE WITH ORGANIC INGREDIENTS**
- MADE WITH ALL NATURAL INGREDIENTS**
- P PORK**
- VEGAN**



5 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Apple Cinnamon Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Apple

6 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cinnamon Frosted Flakes
With Whole Grain Honey
Graham Crackers
Fresh Orange

7 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey
Graham Crackers
Fresh Apple

8 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Orange
Fresh Banana

9 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey
Graham Crackers
Fresh Apple

National School Breakfast Week!

12 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Apple Cinnamon Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Apple
Strawberry Cup
100% Orange Juice Blend

13 **Early Dismissal!
No Breakfast**

14 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey
Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

15 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Orange
Fresh Banana
100% Orange Juice Blend

16 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey
Graham Crackers
Fresh Apple
Strawberry Cup
100% Orange Juice Blend

19 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Apple Cinnamon Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Apple
Strawberry Cup
100% Orange Juice Blend

20 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cinnamon Frosted Flakes
With Whole Grain Honey
Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

21 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey
Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

22 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Orange
Fresh Banana
100% Orange Juice Blend


23 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey
Graham Crackers
Fresh Apple
Strawberry Cup
100% Orange Juice Blend

26 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Apple Cinnamon Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Apple
Strawberry Cup
100% Orange Juice Blend

27 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cinnamon Frosted Flakes
With Whole Grain Honey
Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

28 Chocolate Chip Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey
Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

29 Blueberry Muffin
Sausage, Egg and Cheese Sandwich
Crispy Tator Tots
Or Cheerios
With Whole Grain Honey
Graham Crackers
Fresh Orange
Fresh Banana
100% Orange Juice Blend

30 **No School!**


SIMPLY ROOTED™ in food and family

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family

and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Organic Fruit & Yogurt Parfaits
Assorted Whole Grain Muffins

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.