

# Welcome to our Breakfast Cafe at...

## Fairfield High Schools

# April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Sausage Patty Crispy Potato Puffs Fresh Orange Fresh Apple 100% Orange Juice Blend	2 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Banana Strawberry Cup 100% Orange Juice Blend	3 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Crispy Potato Puffs Fresh Orange Mixed Berry Cup 100% Orange Juice Blend	4 Whole Grain Waffles with Sausage <i>light and crispy waffles served with a sausage patty</i> P Crispy Potato Puffs Fresh Apple Fresh Banana 100% Orange Juice Blend	5 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Crispy Potato Puffs Fresh Orange Strawberries
8 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Applesauce Strawberries 100% Orange Juice Blend	9 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Crispy Potato Puffs Fresh Apple 100% Orange Juice Blend	10 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> P Crispy Potato Puffs Fresh Banana 100% Orange Juice Blend	11 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Sausage Patty Crispy Potato Puffs Fresh Apple Fresh Grapes 100% Orange Juice Blend	12 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Crispy Potato Puffs Fresh Orange Fresh Banana

15 <b>Spring Break!</b>	<b>SCHOOL CLOSED TODAY</b>	<b>Spring Break!</b>	<b>SCHOOL CLOSED TODAY</b>	<b>Spring Break!</b>
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22 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Apple Fresh Banana 100% Orange Juice Blend	23 Whole Grain Waffles with Sausage <i>light and crispy waffles served with a sausage patty</i> P Crispy Potato Puffs Fresh Banana 100% Orange Juice Blend	24 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Crispy Potato Puffs Fresh Orange Fresh Banana 100% Orange Juice Blend	25 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Crispy Potato Puffs Fresh Grapes Applesauce 100% Orange Juice Blend	26 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> P Crispy Potato Puffs Fresh Apple
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29 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Sausage Patty Crispy Potato Puffs Fresh Orange 100% Orange Juice Blend	30 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Banana 100% Orange Juice Blend
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At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more visit us at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code to see all that we are doing to keep our young customers healthy!



## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

**Breakfast Prices**  
Regular: \$1.50  
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection



**Available Daily**

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

 VEGETARIAN
  MADE WITH NATURAL INGREDIENTS
  PORK
  MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.