

Welcome to our Breakfast Cafe @ Fairfield High Schools

May 2018

Monday

Tuesday

Wednesday

Thursday

Friday





1 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	2 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cinnamon Frosted Flakes V With Whole Grain Honey Bear Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	3 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	4 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Red. Sugar Cocoa Puffs V With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange
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7 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	8 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cinnamon Frosted Flakes V With Whole Grain Honey Bear Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	9 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	10 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Red. Sugar Cocoa Puffs V With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange	11 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend
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14 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Apple Cinnamon Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend	15 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cinnamon Frosted Flakes V With Whole Grain Honey Bear Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	16 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	17 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	18 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Red. Sugar Cocoa Puffs V With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Apple 100% Orange Juice Blend
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21 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Apple Cinnamon Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Apple Sliced Oranges 100% Orange Juice Blend	22 Early Dismissal No Breakfast!	23 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	24 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	25 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Red. Sugar Cocoa Puffs V With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend
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28 	29 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Apple Cinnamon Cheerios V With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange Applesauce 100% Orange Juice Blend	30 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Reduced Sugar Cinnamon Toast Crunch V With Whole Grain Honey Bear Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	31 Sausage, Egg and Cheese Sandwich P Crispy Tator Tots Or Cinnamon Frosted Flakes V With Whole Grain Honey Bear Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	
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SIMPLY ROOTED™ in food and family

We offer a variety of balanced choices to satisfy the needs of customers. This is because we are Simply Rooted™ in food and family and we care about our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



V VEGETARIAN

M MADE WITH ALL NATURAL INGREDIENTS

P PORK

V VEGAN

M MADE WITH ORGANIC INGREDIENTS

Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Organic Fruit & Yogurt Parfaits
Assorted Whole Grain Muffins

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.