

Welcome to our Breakfast Cafe at...

Fairfield High Schools

May
2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



6 Bacon, Egg and Cheese Breakfast Sandwich
Crispy Potato Puffs
Fresh Apple
100% Orange Juice Blend

7 Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty P
Crispy Potato Puffs
Fresh Banana
100% Orange Juice Blend

8 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese V
Crispy Potato Puffs
Fresh Orange
100% Orange Juice Blend

9 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese P
Crispy Potato Puffs
Applesauce
100% Orange Juice Blend

10 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection V
Sausage Patty
Crispy Potato Puffs
Mixed Berry Cup
Fresh Grapes

13 Whole Grain Waffles with Sausage
light and crispy waffles served with a sausage patty P
Crispy Potato Puffs
Fresh Melon Cup
100% Orange Juice Blend

14 Bacon, Egg and Cheese Breakfast Sandwich
Crispy Potato Puffs
Fresh Orange
100% Orange Juice Blend

15 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese V
Crispy Potato Puffs
Fresh Apple
100% Orange Juice Blend

16 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection V
Sausage Patty
Crispy Potato Puffs
Fresh Banana
100% Orange Juice Blend

17 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese P
Crispy Potato Puffs
Strawberry Cup
Applesauce

20 Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty P
Crispy Potato Puffs
Cinnamon Apple Slices
100% Orange Juice Blend

21 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese P
Crispy Potato Puffs
Fresh Orange
100% Orange Juice Blend

22 Bacon, Egg and Cheese Breakfast Sandwich
Crispy Potato Puffs
Fresh Banana
100% Orange Juice Blend

23 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese V
Crispy Potato Puffs
Fresh Melon Cup
100% Orange Juice Blend

**Early Dismissal!
No Breakfast**



**SCHOOL
CLOSED
TODAY**

29 Bacon, Egg and Cheese Breakfast Sandwich
Crispy Potato Puffs
Fresh Apple
100% Orange Juice Blend

30 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection V
Sausage Patty
Crispy Potato Puffs
Fresh Banana
100% Orange Juice Blend

31 Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese V
Crispy Potato Puffs
Fresh Orange
Mixed Berry Cup



At Whitsons, we believe that providing young students with wholesome meals that taste great, along with food and nutrition education, helps position them for academic success and to live a more healthful life.



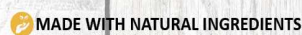
Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Organic Fruit & Yogurt Parfaits
Assorted Whole Grain Muffins



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.