

Welcome to our Breakfast Cafe



Fairfield Ludlowe HS

June
2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



1 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Banana
Fresh Red Grapes
Low Fat Milk
Skim Milk

2 Waffles with Sausage
Tator Tots
Fresh Orange
Strawberries
Low Fat Milk
Skim Milk

5 French Toast
Tator Tots
Fresh Apple
Melon Cup
Low Fat Milk
Skim Milk

6 **Special Election
No School**

7 Pancakes & Sausage
Tator Tots
Banana
Pineapple
Low Fat Milk
Skim Milk

8 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Apple
Fresh Red Grapes
Low Fat Milk
Skim Milk

9 Waffles with Sausage
Tator Tots
Fresh Orange
Banana
Low Fat Milk
Skim Milk

12

13

14

15

16

Have a great summer!

Our menus are healthy, nutritious and flavorful, made from whole-some ingredients. This is why we've partnered with the Furmano family to bring your child great tasting tomato sauces that have been perfected for over four generations. Check us out at www.Whitsons.com or scan our QR code to see all that we are doing at your school to keep your child healthy!



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.