

Welcome to our Breakfast Cafe @ Fairfield High Schools

June 2018

Monday

Tuesday

Wednesday

Thursday

Friday



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN

1 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Red. Sugar Cocoa Puffs
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Apple
 Fresh Orange
 100% Orange Juice Blend

4 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Reduced Sugar Cinnamon Toast Crunch
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Banana
 Fresh Apple
 100% Orange Juice Blend

5 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Orange
 Cinnamon Applesauce
 100% Orange Juice Blend

6 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Cheerios
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Orange
 Fresh Banana
 100% Orange Juice Blend

7 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Red. Sugar Cocoa Puffs
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Apple
 Fresh Orange
 100% Orange Juice Blend

8 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Reduced Sugar Cinnamon Toast Crunch
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Apple
 Applesauce
 100% Orange Juice Blend

11 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Apple Cinnamon Cheerios
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Apple
 Fresh Banana
 100% Orange Juice Blend

12 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Cinnamon Frosted Flakes
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Orange
 Cinnamon Applesauce
 100% Orange Juice Blend

13 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Reduced Sugar Cinnamon Toast Crunch
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Apple
 Fresh Banana
 100% Orange Juice Blend

14 Sausage, Egg and Cheese Sandwich
 Crispy Tator Tots
 Or Cheerios
 With Whole Grain Honey
 Bear Graham Crackers
 Fresh Orange
 Fresh Banana
 100% Orange Juice Blend



18 **Enjoy your summer!**

fooditude

FUEL

ALL DAY Every Day

HARVEST

IT'S BRUNCH FOR LUNCH TIME

SCHOOL LUNCH SHOW YOUR SPIRIT!

START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!

FLAVES

SAFARI

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are moving towards phasing out processed foods and instead, offering more all natural, organic or non-GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at www.Whitsons.com or scan our QR code for more information.



Breakfast Prices

Regular: \$1.50
 Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Organic Fruit & Yogurt Parfaits
 Assorted Whole Grain Muffins

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.