

Welcome to our Breakfast Cafe at...

Fairfield High Schools

September 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



	<p>3 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Apple Fresh Orange 100% Orange Juice Blend</p>	<p>4 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Crispy Potato Puffs Fresh Grapes Fresh Melon Cup 100% Orange Juice Blend</p>	<p>5 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> V Crispy Potato Puffs Applesauce 100% Orange Juice Blend</p>	<p>6 Whole Grain Waffles with Sausage <i>light and crispy waffles served with a sausage patty</i> P Crispy Potato Puffs Fresh Banana Strawberries</p>
<p>9 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Crispy Potato Puffs Fresh Melon Cup 100% Orange Juice Blend</p>	<p>10 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> V Crispy Potato Puffs Fresh Apple 100% Orange Juice Blend</p>	<p>11 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> P Crispy Potato Puffs Fresh Banana 100% Orange Juice Blend</p>	<p>12 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> Sausage Patty Crispy Potato Puffs Fresh Apple Fresh Grapes 100% Orange Juice Blend</p>	<p>13 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Orange Fresh Banana</p>
<p>16 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Crispy Potato Puffs Fresh Grapes 100% Orange Juice Blend</p>	<p>17 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Strawberries Fresh Melon Cup 100% Orange Juice Blend</p>	<p>18 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> V Crispy Potato Puffs Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p>19 Breakfast Waffle Tower <i>a breakfast sandwich waffle stack starting with a waffle, then topped with an egg, sausage, a layer of American cheese and finally topped with another waffle</i> P Crispy Potato Puffs Fresh Orange 100% Orange Juice Blend</p>	<p>20 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> P Crispy Potato Puffs Applesauce</p>
<p>23 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Crispy Potato Puffs Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p style="text-align: center;">Early Dismissal! No Lunch!</p>	<p>25 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> V Crispy Potato Puffs Fresh Orange Fresh Banana 100% Orange Juice Blend</p>	<p>26 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Crispy Potato Puffs Fresh Grapes Applesauce 100% Orange Juice Blend</p>	<p>27 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> P Crispy Potato Puffs Fresh Apple</p>

**SCHOOL
CLOSED
TODAY**

Whitsons is proud to be a part of the Meatless Monday campaign, a national campaign that encourages students to enjoy a meat-free meal on Mondays.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese
Organic Fruit & Yogurt Parfaits

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

VEGETARIAN
 MADE WITH NATURAL INGREDIENTS
 PORK
 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.