

# Welcome to our Breakfast Cafe @

## Fairfield Middle Schools

# October 2017

Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk</p>	<p>3 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk</p>	<p>4 Pancakes &amp; Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk</p>	<p>5 Bacon, Egg and Cheese Breakfast Sandwich Tator Tots Fresh Orange Melon Cup Low Fat Milk Skim Milk</p>	<p>6 Waffles with Sausage Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk</p>
<p>9 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk</p>	<p>10 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk</p>	<p>11 Pancakes &amp; Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk</p>	<p>12 Bacon, Egg and Cheese Breakfast Sandwich Tator Tots Fresh Orange Melon Cup Low Fat Milk Skim Milk</p>	<p>13 Waffles with Sausage Tator Tots Fresh Banana Fresh Strawberries Low Fat Milk Skim Milk</p>
<p>16 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk</p>	<p>17 Professional Development Day Early Dismissal</p>	<p>18 Pancakes &amp; Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk</p>	<p>19 Conferences Early Dismissal</p>	<p>20 Waffles with Sausage Tator Tots Fresh Orange Fresh Strawberries Low Fat Milk Skim Milk</p>
<p>23 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk</p>	<p>24 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk</p>	<p>25 Conferences Early Dismissal</p>	<p>26 Conferences Early Dismissal</p>	<p>27 Waffles with Sausage Tator Tots Fresh Orange Fresh Strawberries Low Fat Milk Skim Milk</p>
<p>30 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk</p>	<p>31 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk</p>			

### SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



#### Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

#### Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon