

Welcome to our Breakfast Cafe at...

Fairfield Middle Schools

February 2019

Monday

Tuesday



Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



<p>4 Whole Grain Chocolate Chip Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend</p>	<p>5 Whole Grain Banana Crumb Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Bear Graham Crackers Mixed Berry Cup Fresh Apple 100% Orange Juice Blend</p>	<p>6 Whole Grain Chocolate Chip Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend</p>	<p>7 Whole Grain Apple Cinnamon Crumb Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Bear Graham Crackers Pineapple Cup Fresh Banana 100% Orange Juice Blend</p>	<p>1 Whole Grain Blueberry Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup 100% Orange Juice Blend</p>
<p>11 Whole Grain Chocolate Chip Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Strawberry Cup Applesauce 100% Orange Juice Blend</p>	<p>12 Whole Grain Banana Crumb Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup 100% Orange Juice Blend</p>	<p>13 Whole Grain Chocolate Chip Muffin ✓ Or Rice Krispies ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend</p>	<p>14 Early Dismissal! No Breakfast!</p> 	<p>SCHOOL CLOSED TODAY</p>
<p>18 PRESIDENT'S DAY</p> 	<p>19 Whole Grain Banana Crumb Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup 100% Orange Juice Blend</p>	<p>20 Whole Grain Chocolate Chip Muffin ✓ Or Red. Sugar Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Strawberry Cup Applesauce 100% Orange Juice Blend</p>	<p>21 Whole Grain Blueberry Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Orange 100% Orange Juice Blend</p>	<p>22 Whole Grain Apple Cinnamon Crumb Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Melon Cup Fresh Apple 100% Orange Juice Blend</p>
<p>25 Whole Grain Chocolate Chip Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend</p>	<p>26 Whole Grain Banana Crumb Muffin ✓ Or Rice Krispies ✓ With Whole Grain Honey Bear Graham Crackers Fresh Banana Strawberry Cup 100% Orange Juice Blend</p>	<p>27 Whole Grain Chocolate Chip Muffin ✓ Or Red. Sugar Frosted Flakes ✓ With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend</p>	<p>28 Whole Grain Blueberry Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Melon Cup 100% Orange Juice Blend</p>	

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon



VEGETARIAN



MADE WITH NATURAL INGREDIENTS



PORK



MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.