

Welcome to our Breakfast Cafe @

Fairfield Middle Schools

March 2017

Monday

Tuesday

Wednesday

Thursday

Friday

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



- 1** Cinnamon Bun (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Hash Browns
Fresh Orange
Banana
- 2** Apple Cinnamon Muffin
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Sausage, Egg & Cheese Burrito* (P)
Hash Browns
Fresh Orange
Fresh Apple
- 3** Banana Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
French Toast Sticks (V)
Hash Browns
Pork Sausage Patty
Fresh Apple
Banana

- 6** Blueberry Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Waffles (V)
Turkey Sausage Links
Hash Browns
Fresh Orange
Fresh Apple
- 7** Cinnamon Bun (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Ham, Egg and Cheese on a Bagel (P)
Banana
Fresh Orange

- 8** Banana Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Fluffy Pancakes (V)
Hash Browns
Turkey Sausage
Fresh Orange
Banana

- 9** Chocolate Chip Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Hash Browns
Banana
Fresh Orange

- 10** Apple Cinnamon Muffin
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
French Toast Sticks (V)
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

National School Breakfast Week

- 13** Blueberry Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Banana
Fresh Orange

- 14** Chocolate Chip Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Waffles (V)
Turkey Sausage Links
Hash Browns
Fresh Orange
Banana

- 15** Cinnamon Bun (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Hash Browns
Banana
Fresh Apple

- 16** Banana Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Sausage, Egg & Cheese Burrito* (P)
Hash Browns
Banana
Fresh Orange

- 17** Apple Cinnamon Muffin
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
French Toast Sticks (V)
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

- 20** Chocolate Chip Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
French Toast Sticks (V)
Pork Sausage Patty
Hash Browns
Fresh Apple
Fresh Orange

- 21** Blueberry Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Hash Browns
Banana
Fresh Orange

- 22** Cinnamon Bun (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Waffles (V)
Turkey Sausage Links
Hash Browns
Banana
Fresh Orange

- 23** Apple Cinnamon Muffin
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Sausage, Egg & Cheese Burrito* (P)
Hash Browns
Banana
Fresh Orange

- 24** Banana Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Sausage, Egg & Cheese on a Bun
Hash Browns
Banana
Fresh Orange

- 27** Chocolate Chip Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Fluffy Pancakes (V)
Pork Sausage Patty
Hash Browns
Fresh Apple
Fresh Orange

- 28** Blueberry Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Turkey Bacon, Egg & Cheese on Bagel
Banana
Fresh Orange

- 29** Cinnamon Bun (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Waffles (V)
Hash Browns
Banana
Fresh Orange

- 30** Apple Cinnamon Muffin
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
Sausage, Egg & Cheese Burrito* (P)
Hash Browns
Banana
Fresh Orange

- 31** Banana Muffin (V)
Egg & Cheese on a Bagel
Fruity Breakfast Parfait
French Toast Sticks (V)
Hash Browns
Banana
Fresh Orange

We purchase locally harvested produce whenever it's seasonally available, but we also take special care to make sure the rest of our produce is flash frozen within hours of harvesting. Flash freezing seals the vitamins and nutrients in, so our produce is loaded with nutritional

goodness. Our partners at Endico use mobile facilities that flash freeze produce right on the farm. Follow our QR code to learn more.



Our Parfaits are made with Organic Vanilla Yogurt, Organic Granola, and Organic Mixed Berries!

Breakfast Prices
\$1.50 Full Price
\$.30 Reduced Price

All breakfast choices include a variety of fresh fruit and a choice of low-fat or fat free milk.

Stop and enjoy a hot breakfast!

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.