

Welcome to our Breakfast Cafe @

Fairfield Middle Schools

April
2018

Monday



Tuesday

Wednesday

Thursday

Friday

2 Blueberry Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend	3 Whole Grain Banana Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	4 Whole Grain Apple Cinnamon Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	5 Chocolate Chip Muffin ✓ Or Cheerios ✓ Whole Grain Honey Graham Crackers Fresh Banana Fresh Orange 100% Orange Juice Blend	6 Blueberry Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend
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9	10	11	12	13
April Break! No School				
				

16 Blueberry Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend	17 Whole Grain Banana Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	18 Whole Grain Apple Cinnamon Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	19 Chocolate Chip Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	20 Whole Grain Apple Cinnamon Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend
23 Blueberry Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend	24 Whole Grain Banana Muffin ✓ Or Cinnamon Frosted Flakes ✓ With Whole Grain Honey Graham Crackers Fresh Orange Cinnamon Applesauce 100% Orange Juice Blend	25 Whole Grain Apple Cinnamon Muffin ✓ Or Reduced Sugar Cinnamon Toast Crunch ✓ With Whole Grain Honey Graham Crackers Fresh Apple Blueberries 100% Orange Juice Blend	26 Chocolate Chip Muffin ✓ Or Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	27 Blueberry Muffin ✓ Or Red. Sugar Cocoa Puffs ✓ With Whole Grain Honey Graham Crackers Fresh Orange Applesauce 100% Orange Juice Blend

30 Blueberry Muffin ✓ Or Apple Cinnamon Cheerios ✓ With Whole Grain Honey Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

 VEGETARIAN
 MADE WITH ORGANIC INGREDIENTS
 MADE WITH ALL NATURAL INGREDIENTS
 P PORK
 V VEGAN



SIMPLY ROOTED™ *in food and family*

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.