

# Welcome to our Breakfast Cafe at...

Eat while your Children Learn  
 School Year Positions available in FFLD School Cafeterias  
 Please visit [www.whitsons.com/career/careercenter](http://www.whitsons.com/career/careercenter)  
 Click on CT and click on Fairfield

**April**  
**2019**

## Fairfield Middle Schools

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Apple Cinnamon Crumb Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Banana Fresh Melon Cup 100% Orange Juice Blend	2 Whole Grain Chocolate Chip Muffin Or Red. Sugar Frosted Flakes With Whole Grain Honey Bear Graham Crackers Fresh Orange Mixed Berry Cup 100% Orange Juice Blend	3 Whole Grain Blueberry Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Banana 100% Orange Juice Blend	4 Whole Grain Banana Crumb Muffin Or Reduced Sugar Cinnamon Toast Crunch With Whole Grain Honey Bear Graham Crackers Cinnamon Applesauce 100% Orange Juice Blend	5 Whole Grain Apple Cinnamon Crumb Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange
8 Whole Grain Chocolate Chip Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend	9 Whole Grain Blueberry Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Fresh Orange 100% Orange Juice Blend	10 Whole Grain Banana Crumb Muffin Or Reduced Sugar Cinnamon Toast Crunch With Whole Grain Honey Bear Graham Crackers Fresh Apple 100% Orange Juice Blend	11 Whole Grain Apple Cinnamon Crumb Muffin Or Cinnamon Frosted Flakes With Whole Grain Honey Bear Graham Crackers Cinnamon Applesauce 100% Orange Juice Blend	12 Whole Grain Chocolate Chip Muffin Or Cheerios Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana

<p>15</p> <p><b>Spring Break!</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>Spring Break!</b></p>	<p><b>SCHOOL CLOSED TODAY</b></p>	<p><b>Spring Break!</b></p>
---------------------------------------	-----------------------------------	-----------------------------	-----------------------------------	-----------------------------

22 Whole Grain Banana Crumb Muffin Or Red. Sugar Cocoa Puffs With Whole Grain Honey Bear Graham Crackers Fresh Banana 100% Orange Juice Blend	23 Whole Grain Blueberry Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Apple 100% Orange Juice Blend	24 Whole Grain Chocolate Chip Muffin Or Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Apple Fresh Orange 100% Orange Juice Blend	25 Whole Grain Apple Cinnamon Crumb Muffin Or Reduced Sugar Cinnamon Toast Crunch With Whole Grain Honey Bear Graham Crackers Applesauce 100% Orange Juice Blend	26 Whole Grain Banana Crumb Muffin Or Apple Cinnamon Cheerios With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana
---	--	--	--	---

29 Whole Grain Apple Cinnamon Crumb Muffin Or Rice Krispies With Whole Grain Honey Bear Graham Crackers Fresh Apple 100% Orange Juice Blend	30 Whole Grain Banana Crumb Muffin Or Cinnamon Frosted Flakes With Whole Grain Honey Bear Graham Crackers Fresh Orange Fresh Banana 100% Orange Juice Blend
---	--

**FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**



**Breakfast Prices**

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

**Available Daily**

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more visit us at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code to see all that we are doing to keep our young customers healthy!



VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.