

Welcome to our Breakfast Cafe @ Fairfield Middle Schools

May 2018

Monday

Tuesday

Wednesday

Thursday

Friday



1 Whole Grain Banana Muffin
Or Cinnamon Frosted Flakes
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

2 Whole Grain Apple Cinnamon Muffin
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

3 Chocolate Chip Muffin
Or Cheerios
Whole Grain Honey Bear Graham Crackers
Fresh Banana
Fresh Orange
100% Orange Juice Blend

4 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Orange
100% Orange Juice Blend

7 Chocolate Chip Muffin
Or Cheerios
Whole Grain Honey Bear Graham Crackers
Fresh Banana
Fresh Orange
100% Orange Juice Blend

8 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Orange
100% Orange Juice Blend

9 Whole Grain Apple Cinnamon Muffin
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

10 Whole Grain Banana Muffin
Or Cinnamon Frosted Flakes
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

11 Chocolate Chip Muffin
Or Cheerios
Whole Grain Honey Bear Graham Crackers
Fresh Banana
Fresh Orange
100% Orange Juice Blend

14 Blueberry Muffin
Or Apple Cinnamon Cheerios
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Banana
100% Orange Juice Blend

15 Whole Grain Banana Muffin
Or Cinnamon Frosted Flakes
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

16 Whole Grain Apple Cinnamon Muffin
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

17 Chocolate Chip Muffin
Or Cheerios
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Fresh Banana
100% Orange Juice Blend

18 Whole Grain Apple Cinnamon Muffin
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Banana
100% Orange Juice Blend

21 Blueberry Muffin
Or Apple Cinnamon Cheerios
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Orange
100% Orange Juice Blend

22 **Early Dismissal No Breakfast!**

23 Whole Grain Apple Cinnamon Muffin
Or Reduced Sugar Cinnamon Toast Crunch
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Blueberries
100% Orange Juice Blend

24 Chocolate Chip Muffin
Or Cheerios
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Fresh Banana
100% Orange Juice Blend

25 Blueberry Muffin
Or Red. Sugar Cocoa Puffs
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Applesauce
100% Orange Juice Blend



29 Whole Grain Banana Muffin
Or Cinnamon Frosted Flakes
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Cinnamon Applesauce
100% Orange Juice Blend

30 Chocolate Chip Muffin
Or Cheerios
Whole Grain Honey Bear Graham Crackers
Fresh Banana
Fresh Orange
100% Orange Juice Blend

31 Blueberry Muffin
Or Apple Cinnamon Cheerios
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Banana
100% Orange Juice Blend



SIMPLY ROOTED™ in food and family

We offer a variety of balanced choices to satisfy the needs of customers. This is because we are Simply Rooted™ in food and family and we care about our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



VEGETARIAN

MADE WITH ALL NATURAL INGREDIENTS

PORK

VEGAN

MADE WITH ORGANIC INGREDIENTS

Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.