

Welcome to our Breakfast Cafe at...

Fairfield Middle Schools

June
2019

Monday

Tuesday

Wednesday

Thursday

Friday

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



3 Whole Grain Apple Cinnamon Crumb Muffin ✓
Or Rice Krispies ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Fresh Melon Cup
100% Orange Juice Blend

4 Whole Grain Chocolate Chip Muffin ✓
Or Red. Sugar Frosted Flakes ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Mixed Berry Cup
100% Orange Juice Blend

5 Whole Grain Blueberry Muffin ✓
Or Cheerios ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Banana
100% Orange Juice Blend

6 Whole Grain Banana Crumb Muffin ✓
Or Reduced Sugar Cinnamon Toast Crunch ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
100% Orange Juice Blend

7 Whole Grain Apple Cinnamon Crumb Muffin ✓
Or Red. Sugar Cocoa Puffs ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
Fresh Orange

10 Whole Grain Chocolate Chip Muffin ✓
Or Cheerios ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
Fresh Apple
100% Orange Juice Blend

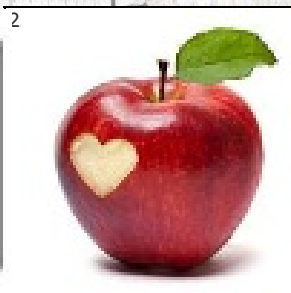
11 Whole Grain Blueberry Muffin ✓
Or Red. Sugar Cocoa Puffs ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Orange
100% Orange Juice Blend

12 Whole Grain Banana Crumb Muffin ✓
Or Reduced Sugar Cinnamon Toast Crunch ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Apple
100% Orange Juice Blend

13 Whole Grain Apple Cinnamon Crumb Muffin ✓
Or Cinnamon Frosted Flakes ✓
With Whole Grain Honey Bear Graham Crackers
Fresh Banana
100% Orange Juice Blend

14
**Half Day!
No
Breakfast!**

Have a Great Summer!



Our back to basics approach has enabled us to get to the heart of what matters to our student customers when it comes to food. Serving wholesome great tasting food, and teaching students about food and nutrition, sets the stage for them to enjoy more enriching educational experiences around the foods they eat.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.