

Welcome to our Lunch Cafe @

Fall River Elementary Schools

November 2017

Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

6 Mozzarella Sticks
Tomato Sauce Dip
Corn Cobbettes
Sliced Oranges



8 Mac & Cheese
Corn
Cinnamon Applesauce
Fresh Pear

9 Cheeseburger
Oven Baked Fries
Celery Sticks
Sliced Oranges



13 Chicken Tenders
Mashed Potatoes
Corn
Sliced Peaches

14 Nachos Grande

CHESSY CHICKEN FAJITA
NACHO'S
with Vegetables & Fruit

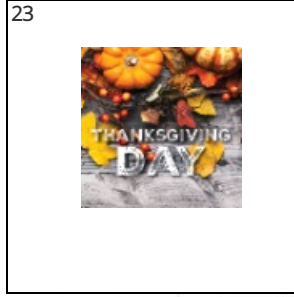
15 Pasta & Meatballs
Baby Carrots
Applesauce
Fresh Orange
Whole Wheat Dinner Roll

16 Chicken Sandwich
Sweet Potato Fries
Corn
Cinnamon Applesauce

17 Stuffed Bread Sticks
Tomato Sauce Dip
Side Salad
Sliced Oranges

20 Mozzarella Sticks
Tomato Sauce Dip
Oven Baked Fries
Corn

21 Roasted Turkey with
Gravy
Mashed Potatoes
Side of Carrots
Cranberry Sauce



27 Chicken Tenders
Tator Tots
Corn
Diced Pears
Fresh Pear

28 Chicken Bowl with Gravy
Corn
Whole Wheat Dinner Roll
Diced Peaches

29 Meatball Sandwich
Oven Baked Fries
Green Beans
Fresh Red Delicious Apple

30 Turkey Hot Dog on Bun
Baked Beans
Celery
Cinnamon Applesauce

SIMPLY ROOTED™ in food and family

Our milk is rBGH free and does not contain high fructose corn syrup. We only offer milk that is fat free or 1%. This is because we are Simply Rooted™ in food and family and



use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Meal Price-\$1.70
Reduced Price-\$0.40
Milk-\$0.50

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Tuna Salad, Thurs: Bologna & Cheese, Fri: Ham & Cheese

Served Daily Sunbutter & Jelly Sandwich And Garden Salad

Assorted Fruits And Vegetables Offered Daily
Low Fat Milk: Chocolate & White Offered Daily
You Have Questions Regarding The Menu Please Contact: The FoodService Director: Robert Cutting @ 508-675-8100 ext 4159

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.