

Welcome to our Lunch Cafe at...

Fall River Elementary Schools

November 2018

MEATLESS MONDAY

Monday

Tuesday

Wednesday




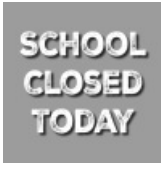

Thursday

Friday

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



<p>5 Homemade Mac & Cheese <i>pasta in cheese sauce, garnished with parsley</i> 🌱🍌 Mixed Vegetables Diced Peach Cup</p>	<p>6 Professional Day No School</p>	<p>7 Pasta & Meat Sauce <i>freshly cooked pasta with meat sauce</i> 🍌🍌 Steamed Broccoli And Cinnamon Applesauce</p>	<p>8 Barbecue Rib Sandwich <i>warm BBQ rib patty on a bun prepared in-house</i> P Fluffy Mashed Potatoes Sweet Corn Sliced Oranges</p>	<p>9 Cheese Pizza <i>crispy pizza dough topped with tomato sauce and melted cheese</i> 🌱🍌 Garden Salad Diced Pear Cup</p>
<p>12</p> 	<p>13 Chicken with Gravy <i>roasted chicken covered with gravy</i> 🍌 Fluffy Mashed Potatoes And Green Beans And Mixed Fruit</p>	<p>14 Meatball Sandwich <i>warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house</i> 🍌 Fries With Mixed Vegetables With Fresh Apple</p>	<p>15 Chicken Fajita <i>seasoned chicken</i> Brown Rice Sweet Corn And Sliced Oranges</p>	<p>16 Cheese Pizza <i>crispy pizza dough topped with tomato sauce and melted cheese</i> 🌱🍌 And Garden Salad And Cinnamon Applesauce</p>
<p>19 Lasagna Rollup <i>traditional cheesy lasagna, rolled up and topped with tomato sauce</i> And Sweet Corn Diced Peaches</p> 	<p>20 Roasted Turkey with Gravy <i>oven roasted turkey breast smothered with gravy</i> 🍌 Fluffy Mashed Potatoes Sweet Corn Cinnamon Applesauce</p>	<p>21 Whole Grain Pancakes with Sausage <i>light and fluffy pancakes served with a sausage patty</i> P Hash Brown Potatoes <i>crispy hash brown potatoes</i> Sliced Oranges HALF DAY</p>	<p>22</p> 	<p>23</p> 
<p>26 Fish Fillet with Cheese Sandwich <i>warm sandwich prepared in-house, topped with crispy fish fillet and melted cheese</i> 🍌 Oven Baked Fries <i>crispy fries baked to perfection</i> Diced Pear Cup</p>	<p>27 Turkey Hot Dog on Bun <i>turkey hot dog on soft bun</i> Baked Beans Steamed Broccoli</p> 	<p>28 Pasta & Meat Sauce <i>freshly cooked pasta with meat sauce</i> 🍌🍌 With Steamed Carrots Diced Peaches</p>	<p>29 Chicken with Gravy <i>roasted chicken covered with gravy</i> 🍌 Fluffy Mashed Potatoes Steamed Carrots Diced Pear Cup</p>	<p>30 Cheese Pizza <i>crispy pizza dough topped with tomato sauce and melted cheese</i> 🌱🍌 Garden Salad Sliced Oranges</p>



Whitsons is committed to the Farm-to-School movement and serving wholesome, high-quality meals prepared with fresh, locally sourced ingredients. Did you know that Whitsons sources an average of 52% of our total product mix locally?



Lunch Meal Price-\$1.70
Reduced Price-\$.40 Milk-\$.25

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Yougurt Fun Lunch, Thurs: Bologna & Cheese, Fri: Tuna
Served Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese

Assorted Fruits And Vegetables Offered Daily
Low Fat Milk: Chocolate & White Offered Daily If You Have Questions Regarding The Menu Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

🌱 VEGETARIAN 🍌 MADE WITH NATURAL INGREDIENTS P PORK 🌿 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.