

Welcome to our Lunch Cafe @

Fall River Elementary Schools

February 2018

Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

1 Cheeseburger
burger topped with cheese on a freshly toasted bun
With Oven Baked Fries
crispy fries baked to perfection
Green Beans
Sliced Apples
Fresh Red Delicious Apple



5 Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
With Mashed Potatoes
Steamed Broccoli
Sliced Peaches
Sliced Oranges



6 Sloppy Joe on a Bun
home made sloppy joe served on a soft bun 🍷
With Tator Tots
crisn potato rounds baked to perfection
Green Beans
Mixed Fruit
Fresh Pear

7 Pasta & Meat Sauce
freshly cooked pasta with meat sauce 🍷🍷
With Peas
Whole Wheat Dinner Roll
Cinnamon Applesauce
Pineapple Chunks

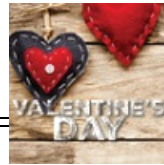
8 Crispy Chicken Sandwich
crispy breaded chicken on a bun
With Oven Baked Fries
crispy fries baked to perfection
Corn
Sliced Oranges
Mixed Fruit

9 Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🍷
Tomato Sauce Dip 🍷
Garden Salad
Diced Pears
Fresh Banana

12 Chicken Nugget & Mozzarella Stick Combo
everyone's two favorite foods on one plate! Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍷
Fries
Peas
Diced Peaches
Sliced Oranges

13 Nachos Grande
tortilla chips topped with mexi style meat and cheese sauce 🍷
Iceberg Lettuce
Salsa
Pineapple Chunks
Diced Pears

14 Whole Grain Fish Sticks
With Oven Baked Fries
crispy fries baked to perfection
Corn
Applesauce
Fresh Granny Smith Apple

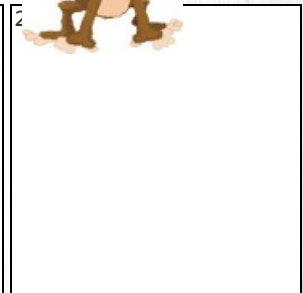


15 Roasted Turkey with Gravy
oven roasted turkey breast smothered with gravy
With Mashed Potatoes
Peas
Cinnamon Applesauce
Fresh Granny Smith Apple

16 Cheese Pizza
crispy pizza dough topped with tomato sauce and melted cheese 🍷🍷
Side Salad
Diced Peaches
Fresh Banana



19
WINTER BREAK



26 Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
With Mashed Potatoes
Mixed Vegetables
Fresh Pear
Strawberry Cup

27 Turkey Hot Dog on Bun
turkey hot dog on soft bun
With Baked Beans
Peas
Sliced Peaches
Fresh Granny Smith Apple

28 Meatball Sandwich
baked meatballs topped with tomato sauce 🍷🍷
With Baked Potato Wedges
Mixed Vegetables
Cinnamon Applesauce
Sliced Oranges

fooditude

SIMPLY ROOTED™ in food and family

At Whitsons we believe that MSG, partially hydrogenated oils, artificial colors, flavors or preservatives and high fructose corn syrup do not need to be in the foods we eat. We are Simply



Rooted™ in food and family and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Meal Price-\$1.70
Reduced Price-\$1.40
Milk-\$.25

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Tuna Salad, Thurs: Bologna & Cheese, Fri: Ham & Cheese

Served Daily Sunbutter & Jelly Sandwich And Garden Salad

Assorted Fruits And Vegetables Offered Daily
Low Fat Milk: Chocolate & White Offered Daily
You Have Questions Regarding The Menu Please Contact: The FoodService Director: Robert Cutting @ 508-675-8100 ext 41591

🍷 VEGETARIAN 🍷 MADE WITH ALL NATURAL INGREDIENTS 🍷 PORK 🍷 VEGAN 🍷 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.