

# Welcome to our Breakfast Cafe at...

Huntington Finley Middle School

November 2018

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



<p>5 Whole Grain French Toast Slices  Mixed Fruit Fresh Banana</p>	<p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>7 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Diced Pear Cup Fresh Apple</p>	<p>8 Ham &amp; Cheese Bagel Melt <i>ham and melted cheese on a bagel</i>  Sliced Peaches Fresh Pear</p>	<p>9 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Diced Pear Cup Fresh Orange</p>
<p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>13 Fluffy Whole Grain Pancakes <i>warm whole grain pancakes</i>  Applesauce Fresh Orange</p>	<p>14 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Diced Pear Cup Fresh Apple</p>	<p>15 Ham &amp; Cheese Bagel Melt <i>ham and melted cheese on a bagel</i>  Sliced Peaches Fresh Pear</p>	<p>16 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Applesauce Fresh Banana</p>
<p>19 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i>  Mixed Fruit Fresh Apple</p>	<p>20 Fluffy Whole Grain Pancakes <i>warm whole grain pancakes</i>  Applesauce Fresh Banana</p>	<p>21 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Diced Pear Cup Fresh Orange</p>	<p style="font-size: 2em;"><b>SCHOOL CLOSED TODAY</b></p>	
<p>26 Whole Grain French Toast Slices  Fresh Apple Mixed Fruit</p>	<p>27 Fluffy Whole Grain Pancakes <i>warm whole grain pancakes</i>  Sliced Peaches Fresh Pear</p>	<p>28 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Mixed Fruit Fresh Orange</p>	<p>29 Ham &amp; Cheese Bagel Melt <i>ham and melted cheese on a bagel</i>  Diced Pear Cup Fresh Apple</p>	<p>30 Bacon, Egg and Cheese Breakfast Sandwich Fresh Banana Mixed Fruit</p>



Whitsons is committed to the Farm-to-School movement and serving wholesome, high-quality meals prepared with fresh, locally sourced ingredients. Did you know that Whitsons sources an average of 52% of our total product mix locally?



### Breakfast Prices

Regular: \$1.90  
Reduced: \$.25

### Available Daily

Turkey Bacon, Egg and Cheese on a bun (HS)  
Whole Grain Bagel w/ butter or low fat cream cheese, Chocolate Chip Muffin  
Yogurt Parfait with Organic Vanilla Yogurt, Granola and Fruit  
Assorted Reduced Sugar W.G. Cereals: Cinnamon Toast Crunch  
Fruit Loops, Coco Puffs, Trix Cheerios  
All served with String Cheese.  
All served with choice of, fat free or low fat milk,  
Juice and cupped and fresh fruits. Condiments.

VEGETARIAN MADE WITH NATURAL INGREDIENTS PORK MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.