

Welcome to our Breakfast Cafe at...

Huntington High School

February 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



1 Bacon, Egg and Cheese Breakfast Sandwich
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese
Fresh Orange
Mixed Fruit

4 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection
Fresh Apple
Mixed Fruit

5 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Applesauce
Fresh Orange

6 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese
Fresh Orange
Diced Peaches

7 Ham & Cheese Bagel Melt
ham and melted cheese on a bagel
Fresh Apple
Diced Pear Cup

8 Bacon, Egg and Cheese Breakfast Sandwich
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese
Fresh Grapes
Mixed Fruit

11 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection
Fresh Banana
Mixed Fruit

12 Fluffy Whole Grain Waffles
warm whole grain waffles
Fresh Apple
Diced Peaches

13 Sausage, Egg and Cheese Sandwich
a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese
Fresh Orange
Applesauce

14 Ham & Cheese Bagel Melt
ham and melted cheese on a bagel
Diced Peaches
Fresh Pear

15 Bacon, Egg and Cheese Breakfast Sandwich
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese
Fresh Banana
Mixed Fruit

18
SCHOOL CLOSED TODAY

19
SCHOOL CLOSED TODAY

20
SCHOOL CLOSED TODAY

21
SCHOOL CLOSED TODAY

22
SCHOOL CLOSED TODAY

25 Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection
Fresh Orange
Mixed Fruit

26 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Fresh Pear
Diced Peaches

27 Sausage and Egg Sandwich
warm breakfast sandwich prepared in-house with fluffy eggs and savory sausage
Fresh Apple
Diced Peaches

28 Ham & Cheese Bagel Melt
ham and melted cheese on a bagel
Fresh Banana
Diced Peaches

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.90

Reduced: \$.25

Available Daily

Turkey Bacon, Egg and Cheese on a bun (HS)
Whole Grain Bagel w/ butter or low fat cream cheese, Chocolate Chip Muffin
Yogurt Parfait with Organic Vanilla Yogurt, Granola and Fruit
Assorted Reduced Sugar W.G. Cereals: Cinnamon Toast Crunch
Fruit Loops, Coco Puffs, Trix Cheerios
All served with String Cheese.
All served with choice of, fat free or low fat milk,
Juice and cupped and fresh fruits. Condiments.



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.