

# Welcome to our Breakfast Cafe at...

## Huntington High School

# March 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1 Bacon, Egg and Cheese Breakfast Sandwich  
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese  
Fresh Banana  
Applesauce

4 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Pear

5 Homemade Waffles  
*fluffy made from scratch Belgian style waffles* ✓  
Fresh Apple  
Mixed Fruit

6 Sausage, Egg and Cheese Sandwich  
*a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese*  
Applesauce  
Fresh Orange

7 Ham & Cheese Bagel Melt  
*ham and melted cheese on a bagel* P  
Mixed Fruit  
Fresh Pear

8 Bacon, Egg and Cheese Breakfast Sandwich  
*warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese*  
Diced Pear Cup  
Fresh Grapes

**Join us for Fresh Made Waffles to Celebrate School Breakfast Week!**

11 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Fresh Banana  
Applesauce

12 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Mixed Fruit  
Fresh Apple

13 Sausage, Egg and Cheese Sandwich  
*a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese*  
Diced Peaches  
Fresh Pear

14 Ham & Cheese Bagel Melt  
*ham and melted cheese on a bagel* P  
Applesauce  
Fresh Orange

15 Bacon, Egg and Cheese Breakfast Sandwich  
*warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese*  
Diced Pear Cup  
Fresh Banana

18 Whole Grain French Toast Slices ✓  
Fresh Orange  
Applesauce

19 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Fresh Apple  
Mixed Fruit

20 Sausage, Egg and Cheese Sandwich  
*a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese* P  
Diced Peaches  
Fresh Pear

21 Ham & Cheese Bagel Melt  
*ham and melted cheese on a bagel* P  
Diced Pear Cup  
Fresh Orange

22 Bacon, Egg and Cheese Breakfast Sandwich  
*warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese*  
Diced Peaches  
Fresh Apple

25 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Applesauce  
Fresh Orange

26 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Fresh Apple  
Mixed Fruit

27 Sausage and Egg Sandwich  
*warm breakfast sandwich prepared in-house with fluffy eggs and savory sausage* P  
Fresh Orange  
Diced Pear Cup

28 Ham & Cheese Bagel Melt  
*ham and melted cheese on a bagel* P  
Fresh Apple  
Diced Peaches

29 Bacon, Egg and Cheese Breakfast Sandwich  
*warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese*  
Applesauce  
Fresh Banana



Join us in celebrating National Nutrition Month® throughout March, as we focus on the importance of making informed food choices, developing sound eating, and physical activity habits.



### Breakfast Prices

Regular: \$1.90

Reduced: \$.25

### Available Daily

Turkey Bacon, Egg and Cheese on a bun (HS)  
Whole Grain Bagel w/ butter or low fat cream cheese, Chocolate Chip Muffin  
Yogurt Parfait with Organic Vanilla Yogurt, Granola and Fruit  
Assorted Reduced Sugar W.G. Cereals: Cinnamon Toast Crunch  
Fruit Loops, Coco Puffs, Trix Cheerios  
All served with String Cheese.  
All served with choice of, fat free or low fat milk,  
Juice and cupped and fresh fruits. Condiments.



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.