

Welcome to our Breakfast Cafe at...

Huntington Jefferson

January 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**

1
**SCHOOL
CLOSED
TODAY**

2
Fluffy Whole Grain Waffles
warm whole grain waffles ✓
Applesauce
Fresh Pear

3
Plain Donut ✓
Diced Peaches
Mixed Fruit
Fresh Banana

4
Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese ✓
Fresh Apple
Mixed Fruit

7
Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection ✓
Mixed Fruit
Fresh Pear

8
Fluffy Whole Grain Pancakes
warm whole grain pancakes ✓
Fresh Orange
Applesauce

9
Fluffy Whole Grain Waffles
warm whole grain waffles ✓
Diced Peaches
Fresh Apple

10
Whole Grain Chocolate Chip Muffin ✓
Diced Pear Cup
Fresh Orange

11
Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese ✓
Mixed Fruit
Fresh Banana

14
Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection ✓
Mixed Fruit
Fresh Apple

15
Fluffy Whole Grain Pancakes
warm whole grain pancakes ✓
Diced Peaches
Fresh Orange

16
Fluffy Whole Grain Waffles
warm whole grain waffles ✓
Applesauce
Fresh Pear

17
Plain Donut ✓
Diced Pear Cup
Fresh Banana

18
Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese ✓
Mixed Fruit
Fresh Apple

21
**SCHOOL
CLOSED
TODAY**

22
Fluffy Whole Grain Pancakes
warm whole grain pancakes ✓
Fresh Orange
Applesauce

23
Fluffy Whole Grain Waffles
warm whole grain waffles ✓
Fresh Apple
Diced Peaches

24
Whole Grain Chocolate Chip Muffin ✓
Fresh Pear
Diced Peaches

25
Egg and Cheese Sandwich
warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese ✓
Mixed Fruit
Fresh Banana

28
Whole Grain French Toast Slices
whole grain slices of French toast baked to perfection ✓
Mixed Fruit
Fresh Apple

29
Fluffy Whole Grain Pancakes
warm whole grain pancakes ✓
Diced Pear Cup
Fresh Orange

30
Fluffy Whole Grain Waffles
warm whole grain waffles ✓
Fresh Pear
Diced Peaches

31
Plain Donut ✓
Diced Peaches
Fresh Banana



Our Simply Rooted™ food philosophy and sustainability platform is based on delivering wholesome, all-natural meals to everyone's table, while giving back to the environment.



Breakfast Prices

Regular: \$1.90

Reduced: .25

All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits
Condiments

Available Daily

Whole grain bagel w/ butter or low fat cream cheese

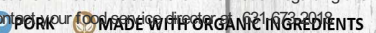
Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit

4oz Strawberry Banana yogurt with Granola

Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.

Cinnamon Toast Crunch, Coco Puffs, Frosted Flakes, Fruit Loops, Trix,, Cheerios,

If you have any questions or would like additional information regarding this menu please contact your food service director at 621-673-2019



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.