

# Welcome to our Breakfast Cafe at...

## Huntington Washington

# February 2019

Monday

Tuesday

Wednesday

Thursday

Friday

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



<p>4 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Fresh Apple Mixed Fruit</p>	<p>5 Fluffy Whole Grain Waffles ✓ Applesauce Fresh Orange</p>	<p>6 Fluffy Whole Grain Pancakes ✓ Fresh Orange Diced Peaches</p>	<p>7 Whole Grain Chocolate Chip Muffin ✓ Fresh Apple Diced Pear Cup</p>	<p>1 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Mixed Fruit Fresh Orange</p>
<p>11 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Mixed Fruit</p>	<p>12 Fluffy Whole Grain Waffles ✓ Fresh Apple Diced Peaches</p>	<p>13 Fluffy Whole Grain Pancakes ✓ Fresh Orange Applesauce</p>	<p>14 Plain Donut ✓ Fresh Pear Diced Peaches</p>	<p>15 Egg and Cheese Sandwich <i>warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese</i> ✓ Fresh Banana Mixed Fruit</p>
<p>18</p> <p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>19</p> <p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>20</p> <p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>21</p> <p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>	<p>22</p> <p style="text-align: center;"><b>SCHOOL CLOSED TODAY</b></p>
<p>25 Whole Grain French Toast Slices <i>whole grain slices of French toast baked to perfection</i> ✓ Fresh Orange Mixed Fruit</p>	<p>26 Fluffy Whole Grain Waffles ✓ Fresh Pear Diced Peaches</p>	<p>27 Fluffy Whole Grain Pancakes ✓ Diced Peaches Fresh Apple</p>	<p>28 Plain Donut ✓ Fresh Banana Diced Pear Cup</p>	

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve to our young customers. Our ingredients are locally sourced, all natural, organic and non-GMO, whenever possible.



### Breakfast Prices

Regular: \$1.90

Reduced: .25

All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits  
Condiments

### Available Daily

Whole grain bagel w/ butter or low fat cream cheese

Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit

4oz Strawberry Banana yogurt with Granola

Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.

Cinnamon Toast Crunch, Coco Puffs, Fruit Loops, Trix,, Cheerios,

If you have any questions or would like additional information regarding this menu please contact your food service director at 631-673-2018



VEGETARIAN



MADE WITH NATURAL INGREDIENTS



PORK



MADE WITH ORGANIC INGREDIENTS

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.