

Welcome to our Lunch Cafe @

Plainview Old Bethpage Grade School

September 2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

	<p>5 French Toast Turkey Sausage Patty Meatball Parmesan Sandwich Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Tator Tots Mixed Fruit</p>	<p>6 Soft Taco Popcorn Chicken Chef Salad Turkey & Cheese Sandwich Baked Beans Strawberries</p>	<p>7 Mac & Cheese Stuffed Bread Sticks With Spaghetti Sauce Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Cherry Tomatoes Mixed Fruit</p>	<p>8 Cheese Pizza Chicken Corn Dog Chef Salad Turkey & Cheese Sandwich Green Pepper Slices Honeydew and Cantaloupe Cup</p>
<p>11 Turkey Hot Dog on Bun Chicken Tenders Chef Salad Turkey & Cheese Sandwich Steamed Broccoli Mixed Fruit Mean Green Berry Smoothie</p>	<p>12 Waffles with Sausage Meatball Parmesan Sandwich Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Tator Tots Fresh Red Grapes</p>	<p>13 Nachos Grande Popcorn Chicken Greek Salad With Baked Chicken Turkey & Cheese Sandwich Baked Beans Mixed Fruit</p>	<p>14 Mozzarella Sticks With Spaghetti Sauce Pasta & Meat Sauce Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Side of Carrots Pear</p>	<p>15 Fish Sandwich And Potato Chips Cheese Pizza Or Pepperoni Pizza Chef Salad Turkey & Cheese Sandwich Cucumber Coins Mixed Fruit</p>
<p>18 Chicken Bowl with Gravy Chicken Tenders Chef Salad Turkey & Cheese Sandwich Green Beans Watermelon Mean Green Berry Smoothie</p>	<p>19 French Toast With Turkey Sausage Patty Meatball Parmesan Sandwich Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Tator Tots Mixed Fruit</p>	<p>20 Chicken Quesadilla Popcorn Chicken Greek Salad With Baked Chicken Turkey & Cheese Sandwich Baked Beans Strawberries</p>	<p>SCHOOL'S CLOSED!!</p>	
<p>25 Mozzarella Sticks With Spaghetti Sauce Chicken Tenders Chef Salad Turkey & Cheese Sandwich Steamed Broccoli Mixed Fruit Mean Green Berry Smoothie</p>	<p>26 Waffles with Sausage Meatball Parmesan Sandwich Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Tator Tots Fresh Red Grapes</p>	<p>27 Nachos Grande Popcorn Chicken Greek Salad With Baked Chicken Turkey & Cheese Sandwich Baked Beans Mixed Fruit</p>	<p>28 Baked Pasta with Cheese Stuffed Bread Sticks With Spaghetti Sauce Grilled Chicken Salad with Dinner Rolls Ham and Cheese Sandwich Side of Carrots Pear</p>	<p>29 Cheese Pizza Or Pepperoni Pizza Ham & Cheese Bagel Melt Chef Salad Turkey & Cheese Sandwich Cucumber Coins Mixed Fruit</p>

At Whitsons, we know that good nutrition fuels students for optimal performance, both mentally and physically. We work hard to make sure all of our menus are healthy, nutritious and taste good. To learn more about nutrition related to athletics, visit us at www.Whitsons.com



or scan our QR code to see all that we are doing to keep our young customers healthy!



Lunch Prices

- Reimbursable Lunch \$2.80
- Reduced Lunch \$0.25
- Milk/Juice/Water \$0.50

Snack Prices

- Baked Chips \$1.10
- Ice Cream \$1.50
- R,F Baked Cookies 3 for \$1.50/\$0.55

Pay online @ myschoolbucks.com

Available Daily

WG Bagel & RF String Cheese, Vanilla Fruit Yogurt Parfait

Daily Fruit and Vegetable Offerings

Apples, Oranges, Apple Juice, Apple Cherry Juice, Carrots Sticks, Celery Sticks & Romaine Side Salad

Gluten Free Meals Available

Tuna Salad Cups, Chicken Tenderloins, Beef Hamburger Patty & Yogurt Cups

Any questions or concerns please contact Karen Ball@ ballk@whitsons.com

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.