

Welcome to our Lunch Cafe @

Sudbury Haynes Elementary

March 2018

Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

5 **1 - Turkey Hot Dog on Bun**
2 - Pizza Bagel
3 - Chicken Caesar Salad
All With Oven Baked Fries Steamed Broccoli Diced Pear Cup And Sliced Oranges

6 **1 - Chicken Nugget & Mozzarella Stick Combo**
With Whole Wheat Dinner Roll
2 - Veggie Burger
3 - Chicken Caesar Salad
All With Green Beans Carrot Dippers Diced Peaches And Fresh Apple

7 **Half Day Join us for Breakfast!**

8 **1 - Meatball Hero**
2 - Grilled Cheese
3 - Chicken Caesar Salad
All With Mixed Vegetables Oven Baked Fries Diced Peaches And Sliced Oranges

9 **1 - Cheese Pizza**
2 - Pepperoni Pizza
3 - Chicken Caesar Salad
All With Hard-Boiled Egg Cup With Fresh Spinach And Ham
Celery Sticks
And Fresh Apple
Celebrate Dr. Seuss Day with Green Eggs & Ham!

12 **1 - Crispy Chicken Sandwich**
Grilled Cheese
3 - Chicken Caesar Salad
Steamed Carrots
Celery Sticks
Applesauce
And Fresh Banana

13 **Closed due to Snow Storm**

14 **Closed due to Snow Storm**

15 Today we will try to utilize some of the menu items from the closed school days. Each school will have something different offered. Please contact the school kitchen if you have any questions regarding today's menu.

16 **1 - Cheese Pizza**
2 - Roasted Pepper Pizza
3 - Chicken Caesar Salad
All With Green Beans Cucumber Coins Apple Grape 100% Juice And Fresh Pear
It's all Green Today!

19 **1 - Crispy Popcorn Chicken**
2 - Grilled Cheese
3 - Chicken Caesar Salad
All With Mixed Vegetables Oven Baked Fries Diced Peaches And Fresh Empire Apple

20 **1 - Cheese Ravioli with Meatballs**
2 - Cheese Ravioli with Tomato Sauce
3 - Chicken Caesar Salad
All With Green Peas Baby Carrots Applesauce And Diced Peaches
National Ravioli Day!

21 **Half Day Join us for Breakfast!**

22 **1 - General Tso's Chicken Rice Bowl**
2 - Vegetarian Rice Bowl
All With Vegetable Egg Roll
3 - Chicken Caesar Salad
All With Black Beans Cucumber Coins Diced Peaches

23 **1 - Cheese Pizza**
2 - Crispy Bacon Pizza
3 - Chicken Caesar Salad
All With Caesar Salad Baby Carrots Sliced Pears And 100% Juice Fruit Punch

26 **1 - Mozzarella Sticks**
With Whole Wheat Dinner Roll
2 - Chicken Nuggets *With Whole Wheat Dinner Roll*
3 - Chicken Caesar Salad
All With Crispy Tator Tots Celery Sticks Applesauce And Strawberries

27 **1 - Chicken Nuggets** *With Whole Wheat Dinner Roll*
2 - Bagel Melt
3 - Chicken Caesar Salad
All With Red Pepper Strips Celery Sticks Mixed Fruit And Fresh Apple

28 **1 - Homemade Mac & Cheese**
2 - Crispy Chicken Sandwich
3 - Chicken Caesar Salad
All With Green Peas Baby Carrots Diced Peaches Sliced Oranges And David's Chocolate

29 **1 - Pizza Bites**
2 - Burger
3 - Chicken Caesar Salad
Oven Baked Fries Green Beans Diced Pear Cup And Fresh Apple

30 **Good Friday**
No School

SIMPLY ROOTED™
in food and family

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family



and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices
Reimbursable Lunch \$3.00
Reduced Lunch \$0.40
Milk \$0.75
100% Juice \$0.75

Lunch Includes: 1% Milk, Fat Free Chocolate Milk or Lactaid/ Vegetable Selection / Fruit Selection

Also Available Daily:

- 4 -Organic Yogurt with whole wheat Bagel and string cheese
- 5- Whole Wheat Bagel with Peanut Butter, celery sticks and carrots
- 6- Peanut Butter and Jelly Sandwich on Whole Wheat
- 7- American Cheese Sandwich on Whole Wheat Bread

If you have any questions or would like more information regarding this menu please contact: **Linda St.Hilaire Director of Food Services**
978-443-1071 ext 7506

VEGETARIAN MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.