

Welcome to our Breakfast Cafe @ Newtown MS

October
2017

Monday

Tuesday

Wednesday

Thursday

Friday

Looking for a job that gives you the freedom to be home with your children when they don't have school? The food service department is now hiring. Please call the Food Service Director at 203-426-7637

<p>2 Egg & Bacon Wrap Fruity Parfait Red. Sugar Frosted Flakes Banana Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>3 Sausage, Egg and Cheese Sandwich P Red. Sugar Apple Jacks Blueberry Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>4 Bacon, Egg and Cheese Breakfast Sandwich Fruity Parfait Red. Sugar Frosted Flakes Chocolate Chip Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>5 Ham, Egg and Cheese Sandwich P Waffles Red. Sugar Apple Jacks Fresh Banana Fresh Orange Fat Free Chocolate Milk 1% Milk</p>	<p>6 Bacon, Egg and Cheese Breakfast Sandwich P Fruity Parfait Red. Sugar Frosted Flakes Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>
<p>9 Egg and Cheese Sandwich Fruity Parfait Red. Sugar Apple Jacks Blueberry Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>10 Ham, Egg and Cheese Sandwich P Waffles with Sausage P Chocolate Chip Muffin Fresh Banana Fresh Apple 1% Milk Fat Free Chocolate Milk</p>	<p>11 Egg & Bacon Wrap Fruity Parfait Banana Muffin Red. Sugar Frosted Flakes Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>12 Sausage, Egg and Cheese Sandwich P Rice Krispies Chocolate Chip Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>13 Bacon, Egg and Cheese Breakfast Sandwich P Pancakes & Sausage P Fruity Parfait Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>
<p>16 Ham, Egg and Cheese Sandwich P Fruity Parfait Banana Muffin Red. Sugar Frosted Flakes Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>17 Bacon, Egg and Cheese Breakfast Sandwich P Pancakes & Sausage P Red. Sugar Apple Jacks Fresh Banana Fresh Orange Fat Free Chocolate Milk 1% Milk</p>	<p>18 Sausage, Egg and Cheese Sandwich P Fruity Parfait Rice Krispies Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>19 Ham, Egg and Cheese Sandwich P Red. Sugar Apple Jacks Banana Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>20 Egg & Bacon Wrap Fruity Parfait Blueberry Muffin Red. Sugar Apple Jacks Fresh Apple Fresh Orange 1% Milk Fat Free Chocolate Milk</p>
<p>23 Sausage, Egg and Cheese Sandwich P Fruity Parfait Rice Krispies Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>24 Ham, Egg and Cheese Sandwich P Pancakes & Sausage P Banana Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>25 Sausage, Egg and Cheese Sandwich P Fruity Parfait Red. Sugar Apple Jacks Fresh Banana Fresh Apple 1% Milk Fat Free Chocolate Milk</p>	<p>26 Egg & Bacon Wrap Pancakes with Ham P Red. Sugar Frosted Flakes Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>27 Ham, Egg and Cheese Sandwich P Fruity Parfait Chocolate Chip Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>
<p>30 Sausage, Egg and Cheese Sandwich P Fruity Parfait Red. Sugar Frosted Flakes Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<p>31 Bacon, Egg and Cheese Breakfast Sandwich P Pancakes & Sausage P Chocolate Chip Muffin Fresh Banana Fresh Orange 1% Milk Fat Free Chocolate Milk</p>	<div data-bbox="670 1534 1540 1736" data-label="Complex-Block">  <p>WHITSON'S School Nutrition</p> <p>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</p> </div>		

SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$xxx

Reduced: \$xxx

Breakfast is served in the cafe between the hours of xxx and xxx

Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Yogurt

Assorted Muffins: blueberry, chocolate chip or corn

Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies

All served with choice of bread, fat free or low fat milk, assorted juices and fresh fruits